

HACKNEY FAMILY DIRECTORY 2011-2012

Information on childcare, paying
for childcare and services for families
with children aged 0-19 in Hackney.



SOME FAMILIES IN HACKNEY ARE CLAIMING TAX CREDITS

See what they get up to April 2012:



Olabisi is a single parent and has a daughter aged 2. Olabisi earns £16,000 per year as a full time admin assistant. Her childcare costs are £175 a week.

She gets about £195 per week in tax credits*



Levent is a chef who lives with his partner Derya, a shop assistant and their family income is £23,000 per year. They have two children aged 2 and 4 and pay £300 per week nursery costs.

They receive £275 per week in tax credits*



Mohammed has five children aged 2, 4, 5, 8 and 11. Mohammed is a mini cab driver earning £19,000 per year and his wife Fatima is a full time mother who stays at home.

They get £245 per week in tax credits*

*Please be aware that any tax credits you receive, could affect other benefits including your Housing and Council Tax Benefit. However you will be better off by claiming Tax Credits.

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FAMILIES WITH CHILDREN UNDER 5

Information on children's centres, childcare, nursery places, primary school admission and children's activities in Hackney.



CHILDREN'S CENTRES

Strategic children's centres

Hackney's large, multi-purpose children's centres provide a huge range of free activities. They know what's happening locally as well as what's on in neighbouring children's centres. They provide:

- free fun activities for children aged 0 to 5;
- free family support services;
- easy access to family health services, such as speech therapists, dieticians, midwives, health visitors;
- nurseries for children aged 0 to 5 (you need to pay for this), and information on childminders.

| | |
|---|---------------|
| Ann Tayler Children's Centre 1-13 Triangle Road, Westgate Street, E8 3RP | 020 7275 6020 |
| Daubeny Children's Centre/Homerton Sure Start Daubeny Road, E5 | 020 8525 7040 |
| Linden Children's Centre, Rectory Rd 86-92 Rectory Road, N16 7SH | 020 7254 9939 |
| Sebright Children's Centre Haggerston Park, Queensbridge Road, E2 8NP | 020 7749 1210 |
| Children's Centre at Tyssen Oldhill Street, N16 6QA | 020 8806 4130 |
| Woodberry Down Children's Centre Spring Park Drive, Green Lanes, N4 2NP (contact the centre for more information on the nursery) | 020 8815 3250 |

Local children's centres

Local children's centres are smaller than the large, multi-purpose centres, but they still have a wide range of activities for families and can put you in touch with other family support and health services.

| | |
|--|----------------------|
| Brook Children's Centre Brook Community School, Sigdon Road, E8 1AS | 020 7254 4090 ext. 2 |
| Clapton Park Children's Centre 161 Daubeny Road, E5 0EP | 020 8986 7437 |
| Comberton Children's Centre 10 Comberton Road, E5 9PU | 020 8806 0680 |
| Comet Nursery School and Children's Centre 20 Halcomb Street, N1 5RF | 020 7749 9850 |
| Factory Children's Centre (Islington) 107 Matthias Road, London N16 8NP | 020 7923 9879 |
| Fernbank Children's Centre (link to Jubilee Primary School) 1A Fountayne Road, N16 7EA | 020 8806 6622 |
| Children's Centre at Gainsborough Berkshire Rd, E9 5ND | 020 8525 9020 |
| Hillside Children's Centre 1 Leatherhead Close, Holmleigh Road, N16 5QR | 020 8800 7325 |
| Ihsan Children's Centre 66-68 Cazenove Road, N16 6AA | 020 8806 1147 ext. 3 |
| Lubavitch Children's Centre 1 Northfield Road, N16 5RL | 020 8809 9050 |
| Mapledene & Queensbridge Children's Centre 54 Mapledene Road, E8 3LE | 020 7249 8139 |
| Millfields Children's Centre Elmcroft Street, E5 OSQ | 020 8525 6410 |
| Minik Kardes Children's Centre 53 – 55 Balls Pond Road, N1 4BW | 020 7923 7226 |
| Morningside Children's Centre Chatham Place, E9 6LL | 020 8525 2400 |
| Pembury Community Nursery 15 Pembury Road, E5 8LU | 020 8985 2304 |
| Wentworth Nursery School and Children's Centre Cassland Road, E9 5BY | 020 8985 3491 |

FREE EARLY YEARS ENTITLEMENT FOR 3 AND 4 YEAR OLDS

Nurseries are places where children under 5 years old can play, learn and have fun in groups while their parents are busy elsewhere. Research has shown that good quality nursery education is good for children's development and that going part-time is as good as going full-time.

All children between the ages of 3 and 4 are entitled to free part-time nursery education. The places are available, during term time only, in school nurseries, children's centres, day nurseries and playgroups. Children can join at the start of the term following their third birthday.

Your child can spend up to 15 hours a week in the nursery, but to qualify for the full 15 hours they must be there at least three days a week during term time.

You don't have to apply for a free place and it doesn't matter how much you earn. The nursery or playgroup will simply ask you to sign a form, which they will send to The Learning Trust to claim back the costs. Nurseries and playgroups may have different ways of admitting children, so you will need to check with them first. If your child goes to more than one nursery, school nursery class or playgroup, only a total of 15 hours a week during term-time will be free.

If your child goes to a nursery or a playgroup outside Hackney, they will still be entitled to a free place.

If you only want the free place, and don't want to pay any extra, you should contact playgroups and nursery classes as these places are usually part-time during term-time. You will need to put your child's name on the list for one of these places when they are aged 2½. School nursery classes usually take children aged 3½, which may be a few months later than a playgroup.

If you are working or studying, and need more than the maximum 15 hours, then a day nursery or children's centre will probably be best for you. The nursery will take the free hours off your bill.

When can my child's free place start?

| Date of 3 rd birthday | Term funding starts from |
|----------------------------------|--------------------------|
| 1 January – 31 March | 1 April |
| 1 April – 31 August | 1 September |
| 1 September – 31 December | 1 January |

For an up-to-date list of nurseries and playgroups in Hackney, go to www.learningtrust.co.uk/fis or call the Family Information Service (FIS) on **020 8820 7590**

TYPES OF NURSERIES AND PLAYGROUPS

Day nurseries

Day nurseries provide full-time day care for children up to 5 years old. Many take children as young as 3 months. They are usually open from 8am to 6pm all year round, and most offer part-time places. They may be run by The Learning Trust, the voluntary sector or as a private business. They include children's centre nurseries.

A full-time place for a 2 year old in most nurseries can cost around £140 - £180 a week and for a baby around £160 – £220. These costs usually come down for 3 year olds, as you usually get up to 15 hours free.

For an up-to-date list of nurseries and playgroups visit www.learningtrust.co.uk/fis or call **020 8820 7590**

Playgroups

Playgroups are for children aged 2 to 5 years who can learn and play in small groups, usually for 2½ or 3 hours in the morning or afternoon during term-time.

Costs are low, between £20 and £35 a week, but places are usually FREE for 3 to 4 year olds.

They are popular with parents who are at home during the day.

Some playgroups have an extra worker for children with special educational needs (SEN).

For an up-to-date list of nurseries and playgroups, visit www.learningtrust.co.uk/fis or call **020 8820 7590**

Nursery schools and classes

Children can start nursery classes attached to a primary school, or one of the nursery schools, in the school term after they reach their third birthday, see the table on page 11.

However, it depends on how many places the nursery has, and most places are available in September. Most nursery places are for half a day, either morning or afternoon. Full time places will only be offered to those children who meet the criteria. Ask the school for more information.

For an up-to-date list of nurseries and playgroups, visit www.learningtrust.co.uk/fis or call **020 8820 7590**

How do I apply for a nursery place at a school?

If you want to apply for a nursery place for your child, you should contact at least three of your preferred schools when your child is two years old, but not before. You will then have to fill in a nursery application form and return it to the school with proof of address. The school will write to you in the term before your child is due to attend to let you know whether you have been offered a place.

Admission to nursery schools and nursery classes in primary schools from September 2012

| For children born between | Closing date for applications | Date of letter | Start date |
|---------------------------------------|-------------------------------|------------------|----------------|
| 1 August 2009 and 31 August 2009 | 27 April 2012 | 1 June 2012 | September 2012 |
| 1 September 2009 and 31 December 2009 | 28 September 2012 | 26 October 2012 | January 2013 |
| 1 January 2010 and 31 March 2010 | 25 January 2013 | 15 February 2013 | April 2013 |
| 1 April 2010 and 31 August 2010 | 26 April 2013 | 24 May 2013 | September 2013 |
| 1 September 2010 and 31 December 2010 | 27 September 2013 | 25 October 2013 | January 2014 |

Please note that attending a school nursery class does not mean that your child will get a place in that primary school when they are 5.

Independent providers

Some private schools have their own nurseries. Private schools are not part of the state system and parents usually pay for their children to go there. Private schools are inspected by the Independent Schools Inspectorate.

For an up-to-date list of nurseries and playgroups, visit www.learningtrust.co.uk/fis or call **020 8820 7590**

Crèches

Some crèches offer part-time or full day care, but only on a temporary basis, perhaps while the parents attend college or visit the gym.

CHOOSING A NURSERY OR PLAYGROUP

Questions when choosing a nursery or playgroup

- Is the nursery open all year?
- What hours is it open?
- How long is the waiting list?
- Will I have to pay and, if so, how much?
- Are the staff welcoming and enthusiastic?
- Do the children look happy and busy?
- Do the staff have a genuinely caring and friendly relationship with the children; a calm atmosphere with no raised voices.
- Is the nursery well equipped, with toys in good condition?
- Is there a comfortable area where children can relax?
- What are their policies on discipline, mealtimes, equal opportunities and complaints?
- What range of activities do they have?
- Will my child be able to play outside each day?
- How does the day fit round playtime, meals and rest periods?
- What qualifications do the staff have?
- Does the nursery encourage parental involvement, and in what ways?
- Can I see the nursery's Ofsted inspection report?
(www.ofsted.gov.uk/reports)
- Will my child be offered fresh fruit and vegetables?
- Does the nursery cater for special needs?
- Can I make a second visit?
- Does the nursery allow a settling in period when parents can stay with their child?

What will my child do there?

Children have fun, indoors and outdoors, with sand and water, painting, books, construction, imaginative toys and music and movement. They play in small groups to help them make friends. The routine of play, meals and rest are as much like home as possible.

All childminders, nurseries, playgroups and school nursery classes follow the Early Years Foundation Stage. This starts at age 0 and continues until the child is 5. It is divided into four themes:

- a unique child;
- positive relationships;
- enabling environments; and
- learning and development.

The "positive relationships" theme focuses on the relationships between key staff, the children and their parents. These close and supportive relationships help meet the needs of all children.

The "learning and development" theme uses play to help children develop their learning in six areas:

- personal, social and emotional development;
- communication, language and literacy;
- problem solving, reasoning and numeracy;
- knowledge and understanding of the world;
- physical development; and
- creative development.

Staff observe the children, and use their knowledge of individual needs, to plan provision that will help children reach their full potential.

What if my child has special needs

The Learning Trust welcomes children with special educational needs (SEN) or disabilities, and all nurseries and playgroups are expected to make reasonable adjustments so that all children can enjoy the activities on offer.

Each nursery has an SEN co-ordinator (SENCO) who will work with you and your child. They are linked into a wider network of specialist support staff. Some playgroups have had funds to employ more staff with the expertise to support children with special needs. This means they can give more support to children who have a greater level of need. These groups have **SEN** next to them in the list.

If you think your child may have special needs, talk to your health visitor or doctor.

If you are concerned about your child's speech, language or communication skills, drop into your nearest multi-purpose children's centre. They have monthly "Talking walk-in" sessions run by speech and language therapists.

These large children's centres also hold monthly drop-in sessions with dieticians if you are worried about your child's diet.

See pages 43-51 for more details about support for children with special needs.

Monitoring and inspecting nurseries

Ofsted, the Office for Standards in Education, registers and inspects all nurseries and playgroups. Ofsted checks:

- ratios of staff to children:
 - one staff member to three children under 2 years
 - one staff member to four children aged 2 years
 - one staff member to eight children aged 3–5 years
 - in nursery classes with a qualified teacher and nursery nurse: one staff member to 13 children aged 3-4
- the size and suitability of premises;
- activities and care;
- staff qualifications and police checks;
- employment practices;
- record keeping.

To see a copy of a school or nursery's Ofsted report, go to www.ofsted.gov.uk/reports. If you have no access to the internet please contact FIS or the provider directly for information.

CHILDMINDERS

A childminder is a person who looks after children in the childminder's own home. They provide a safe and caring home environment where children can play and develop life skills.

All childminders listed by The Learning Trust have had an enhanced Criminal Records Bureau check (the toughest criminal check). They will have been on a first aid course and have had their home inspected to make sure it is safe for children. They will also have had to show an Ofsted childcare inspector how they meet the requirements for registered childminders.

Why choose a registered childminder?

- Your child will receive individual attention, which is ideal for young children.
- They have a familiar carer who provides play and learning activities as well as visits to local parks, toy libraries and children's centres.

- They can make friends with the childminder's other children.
- You may be able to get hours that fit in around your work.
- The childminder can support your family for years as your children grow up.

Fees are around £175 - £250 a week, or £4 to £9 an hour.

What is a childminder network?

In Hackney, we have a childminding network that covers different local areas. The network ensures good quality childcare for children and their families. Each network has its own co-ordinator based at one of our children's centres, who can help you find a childminder to meet your needs.

Only experienced, high quality childminders are on the network. Childminders are assessed before they join, and are given training, advice and information. Our network is part of the national quality assurance scheme - Children Come First.

How can I contact my local childminder network co-ordinator?

| Area | General description of area | Name | Phone number |
|-------|--|------------------|---------------------------------|
| A & B | North Hackney – Woodberry Down, Stoke Newington, Stamford Hill, Upper Clapton | Mumtaz Hakim | 020 8815 3250/ 07768 424 023 |
| C & D | Central and East Hackney – Rectory Rd, Hackney Downs, East Hackney - Lower Clapton, Homerton, Hackney Wick | Hilary Willgress | 020 8986 7441/ 07768 348 360 |
| E & F | South West Hackney – Dalston, De Beauvoir, Hoxton, Haggerston | Grace Opon | 020 7749 1210 07810 856 321 |

The Hackney Family Information Service produces new list of childminders every month. Call us on **020 8820 7590** or contact one of the childminding network co-ordinators.

Childminder drop-in sessions

These sessions take place regularly in children's centres. If you are a childminder in Hackney contact your nearest network co-ordinator for details.

I'd like to become a childminder

If you would like to become a childminder, call the Childminding Team on **020 8820 7502** to book your place on one of our Childminding Information Sessions.

HELP WITH PAYING FOR CHILDCARE

Tax Credits

Child Tax Credit and Working Tax Credit support families with children and working people on low incomes respectively.

Child Tax Credit

Many families with at least one child are entitled to this.

Visit www.hmrc.gov.uk/taxcredits or call the helpline on **0845 300 3900**

Working Tax Credit

Many low income families can claim working tax credit. You could get up to 70% of your childcare costs by claiming the childcare element.

Visit www.hmrc.gov.uk/taxcredits or call the helpline on **0845 300 3900**

Financial help for working parents

Childcare vouchers for working parents

Some employers offer vouchers to help employees paying for childcare. You usually give up a set amount of your salary in exchange for childcare vouchers. You don't pay tax or National Insurance on the first £55 a week.

Visit www.payingforchildcare.org.uk for the "Help with childcare costs for working parents" fact sheet.

In Work Credit for lone parents who have just started work

If you are a single parent and have been on benefits for over a year, and have recently started a job, you could get an extra £60 a week for a year. Contact your Jobcentre Plus for details.

Financial help for parents in education

Childcare Grant for university or higher education students

Full-time students, who have dependent children in registered childcare, a low household income and are studying for an undergraduate degree or HND course, could get up to 85 per cent of their childcare costs. To find out more call **0845 300 5090** or visit www.direct.gov.uk/studentfinance

Parents' Learning Allowance for university or higher education students

This means tested grant can be claimed in addition to the childcare grant for student parents studying for a higher education qualification. It can be used for course-related costs such as travel, books, equipment and childcare. To find out more call **0845 300 5090** or visit www.direct.gov.uk/studentfinance

Teenage parents and Care to Learn

Care to Learn provides young parents, up to 20 years of age, with help towards childcare and travel costs while they are learning. The learning course can be for compulsory education, sixth forms, or courses in your community (e.g. at local children's centres).

To find out more call the helpline on **0800 121 8989**, contact your Connexions personal adviser or visit www.direct.gov.uk/moneytolearn

Access to Learning Fund for university students

The Access to Learning Fund can provide support for students on lower incomes. Your university will decide if they can give you any support, based on your circumstance.

Contact student services or welfare officer at your university for more information.

THINGS TO DO WITH CHILDREN UNDER 5

Baby massage

| Name and address | Telephone | Contact the centre for opening hours |
|--|---|--------------------------------------|
| Children's centres | See page 6 for contact details. | Some centres have free baby massage |
| The Healing Tent 7 Olympus Square, Nightingale Estate, E5 8PL | 020 8986 7777 www.thehealingtent.co.uk | Call for cost and times. |

Drop-ins for parents and carers

Also known as "stay and play sessions", these are places where you can meet other parents, have a cup of tea and play with your little ones. These are usually free, but can cost 50 pence and there may be a small charge for drinks.

| Name and address of Parent & Toddler Group | Telephone | Opening hours |
|---|---------------------------------|--|
| Children's Centres – see pages 6 for their addresses | See page 6 for contact details. | All children's centres have free stay and play sessions and often advertise other local drop-ins |
| Bluebell Parent and Toddler Group St Thomas More Hall, Ersla Mews, Henry Rd, Off Portland Rise, N4 2LH | 07773 469 308 | Please call for details |
| The Ivy Street Family Centre 54 Ivy Street N1 5JE | 020 7729 2789 | Various drop-ins. Please call for details |
| Kings Centre Family Project Frampton Park Baptist Church, Frampton Park Road, E9 7PQ | 020 8985 0877 | Various drop-ins, and also parenting classes |
| Hackney Playbus Mobile bus going to different locations in Hackney | 020 8985 0877 | Various drop-ins, call or check website for details www.hackneyplaybus.org |

| | | |
|--|---|--|
| London Fields Drop-in St Michaels and All Angels Church Hall, Lavender Grove (on corner with Lansdowne Road), London Fields E8 | 07977 531 163 (Caroline Thom) | Once a week drop-in Fridays 10am – 12 noon |
| Round Chapel Nursery and Family Project Lower Clapton Rd, E5 | 020 8985 7535 020 8533 7714 (answerphone) | Various activities |
| Salvation Army 122-124 Lower Clapton Road, E5 0QR | 020 8985 3902 | Drop-ins Tuesdays, Wednesdays and Thursdays 9.15am – 11.15am |

Libraries

Your local library has a lot going on such as weekly story-time for under 5s, book crawls where children crawl and play with board books and toy libraries where you can borrow toys for free. Many libraries also have music sessions and free internet access if you have a free library card.

Shoreditch Library

80 Hoxton Street, N1 6LP
T. 020 8356 4350

CLR James Library

24-30 Dalston Lane, E8 3AZ
T. 020 8356 1665

Hackney Central Library

1 Reading Lane, E8 1GQ
T. 020 8356 2547

Stoke Newington Library

Stoke Newington Church St, N16 0JS
T. 020 8356 5230

Stamford Hill Library

Portland Avenue, N16 6SB
T. 020 8356 1700

Homerton Library

Homerton High Street, E9 6AS
T. 020 8356 1690

Clapton Library Northwold Rd, E5 8RA

T. 020 8356 1620

Woodberry Down Community Library

Robin Redmond Centre, 440 Seven Sisters Rd, N4 2RD
T. 020 8356 1791

Mon & Tues, 9.30am – 7pm.
Weds, Thurs & Fri, 9.30am – 5pm.
Closed every day from 1pm – 2pm.
Run by volunteers so may not have the same range of services as other libraries.

Toy libraries

Toy libraries are run in a similar way to other libraries. Parents need to register with the toy library and can usually borrow two toys for up to two weeks. Most have play sessions, where you can stay with your child and play with the toys.

| Name and address | Day and time |
|---|--------------------------------|
| Ann Tayler Centre 1 -13 Triangle Road, E8 3RP | Fridays: 1pm – 3pm |
| Brook Children's Centre Brook Community School, Sigdon Road, E8 1AS | Tuesdays: 9am – 11.30am |
| Clapton Park Children's Centre 161 Daubeney Rd, E5 0EP | Fridays: 10am – 12 noon |
| Comberton Children's Centre 10 Comberton Rd E5 9PU | Thursdays: 9.30am – 11.40am |
| Comet Children's Centre 20 Halcomb Street, N1 5RF | Wednesdays 1pm – 3 pm |
| CLR James Children's Library 24-30 Dalston Lane, E8 3AZ | Fridays: 10am – 12noon |
| Evelyn Court 4/5 Evelyn Court, Amhurst Rd, E8 2BH | Mondays: 10.30am – 12.30pm |
| Gainsborough Children's Centre, Berkshire Rd, E9 5ND | Wednesdays: 10am – 12pm |
| Hackney Central Library TLC Building, 1 Reading Lane, E8 1GQ | Tuesdays: 10am – 12noon |

| | |
|--|---|
| Homerton Library Homerton High St, E9 6AS | Fridays: 11am – 1pm |
| John Scott Health Centre Woodberry Down, Green Lanes, N4 2NU | Tuesdays and Fridays: 9.30am – 11.30am |
| Linden Children's Centre 86-92 Rectory Rd, N16 7SH | Fridays: 10am – 12 noon |
| Millfields Children's Centre Elmscroft Street, E5 0SQ | Mondays: 1pm – 3pm |
| St Mathias Church Hall Wordsworth Road N16 8DD | Wednesdays: 10am – 12noon |
| Sebright Children's Centre Haggerston Park, Queensbridge Rd, E2 7OL | Wednesdays: 1pm – 3pm |
| Shoreditch Library 80 Hoxton Street, N1 6LP | Thursdays: 10am – 12noon |
| Somerford & Shacklewell Community Centre 12 - 26 Shacklewell Road, N16 7TU | Mondays: 10.30am – 12.30pm |
| Stamford Hill Estate Community Centre, Stamford Hill Estate, N16 6RS | Tuesdays: 10am – 12noon and 1pm – 3pm |
| Stamford Hill Library Portland Avenue, N16 6SD | Tuesdays: 10am – 12noon and 1pm – 3pm |
| Wetherell Children's Centre 17 Iveagh Close, E9 7BW | Wednesdays: 10am – 12noon |

Music and dance

| Name and address | Telephone | Type |
|--|---------------------------------|---|
| Children's Centres | See page 6 for contact details. | Many children's centres offer free music and other creative activities. |
| Perform Betty Layward Primary School, Clissold Road, N16 9EX enquiries@perform.org.uk | 020 7209 3805 | Drama, dance and singing. Fridays: 4pm or 5pm |
| Racksack Music Ltd www.rucksackmusic.co.uk info@racksackmusic.co.uk | 07951 445 570 | Contact Cathy for more details. |
| Round Chapel Community Projects Old school rooms Powerscroft Road, E5 0PU | 020 8533 7714 | Weekly music group. Ask about cost. |
| Salvation Army 66 New North Rd, N1 6TG | 020 7729 2789 | Organised by Ivy St Family Centre –Dance sessions Tuesdays 12noon – 3pm |
| The Music Box Homerton Library, Homerton High St, E9 6AS info@hmdt.org.uk www.hmdt.org.uk | 020 8820 7410 | Hackney Music Development Trust's programme of music activities for parents/carers and their children aged up to 5 years. Free |
| The Music Box at CYM info@hmdt.org.uk www.hmbt.org.uk | 020 8820 7410 | Hackney Music Development Trust's programme for music activities for parents/carers and their children aged 18 months to 5 years. Call to ask about cost and details. |
| Yogahome Baby Gym and Ballet 11 Allen Rd, N16 8SB www.Yogahome.com | 020 7249 2425 | Various. Around £3 - £5 per session |

One o'clock clubs

These have FREE indoor and outdoor play activities for under 5s. Children must be accompanied by their parents or carers.

| Name and address | Telephone | Opening hours |
|---|---------------|---|
| Clissold One O'clock Club Clissold Park, N16 0RE | 020 8809 6700 | Mondays: 1.30pm – 4pm Tuesday: Friday: 12.30pm – 4pm |
| Victoria Park One O'Clock Club Victoria Pk, E9 5DU (Tower Hamlets) | 020 8986 6150 | Monday to Friday: 12.30pm – 4pm |

STARTING PRIMARY SCHOOL

Children start primary school the September after their 4th birthday.

There is no guarantee that a child attending a nursery class will be able to transfer to the reception class at the same school.

Before your child starts primary school

Starting primary school can be a difficult time for parents and children. Here is a checklist of things you can do before your child starts school.

- Start considering schools when your child is 3 years old. Get a primary school prospectus from The Learning Trust or the schools themselves. There is a closing date for you to send in your application form. This will be in January in the school year before they start school.
- Check out the different types of schools and their admission arrangements, such as whether there are any restrictions on religion, or how close you have to live to get a place. Do you think you stand a good chance of getting in?
- Talk to parents who already have children at the school you are interested in. Are there any breakfast and after school clubs on site? If so, they may have waiting lists.
- You should also check the school's Ofsted report and performance tables at www.ofsted.gov.uk

How to apply for a primary school reception class

All children whose birthday falls between 1 September 2007 and 31 August 2008 will start primary school reception class in September 2012.

All Hackney residents can apply for a primary school reception class place online at www.eadmissions.org.uk

The closing date for all applications is **15 January 2012**

Benefits to applying online

- It's quick, easy and secure.
- You can make changes up to the closing date.
- You will get the result of your application by email.
- There is no risk of your application getting lost in the post.

Before you start

- Please read the *Hackney's Primary Schools - 2012 Admission Guide for Parents*. You can download it from www.learningtrust.co.uk or get a copy from your local children's centre, primary school or our main office in Reading Lane.
- You can list up to six primary schools. Make sure you use at least four preferences.
- You will need an email address. You can register for a free email account with many online providers including Google, Hotmail and Yahoo, for example.

How to register online

You will need to give your personal details and email address. An email will be sent to you with a username and you will then need to follow the instructions.

Don't forget

Please make a note for future online access of your username, password and reference number (16 digits)

Help and Advice

Our admissions officers will be happy to help with online applications if you visit The Learning Trust's offices or over the phone.

The Learning Trust, 2nd floor reception, 1 Reading Lane, London E8 1GQ
T. 020 8820 7401 or 020 8820 7150 - Monday to Friday 9am-5pm.

hackney success in the making

admission to reception class

Was your child born between
1 September 2007 and 31 August 2008?

If yes, you need to
apply for a reception class place now!

Closing date
15 January 2012

Apply online at
www.eadmissions.org.uk

For help and enquiries call us on
020 8820 7401 or 020 8820 7150



FAMILIES WITH CHILDREN AGED 5-13

Information on childcare, starting secondary school, supplementary schools and children's activities in Hackney.



PLAYCENTRES, AFTER SCHOOL AND BREAKFAST CLUBS

Most primary schools now operate an 'extended day'. This means that they offer care and education services for children from 8am to 6pm, either within the school or in partnership with other local organisations.

Before school

Breakfast clubs (sometimes known as early bird clubs) offer breakfast and play or leisure activities. They usually start at 8am and cost between 50p and £2 a session. Many schools now offer breakfast clubs.

After school

Each school runs a range of activity clubs once a week, usually until 4.30pm. These can include sports, maths, drama, dance, and can vary over the course of the year. Many of the activities are free, but you may have to pay for some. Ask your school office for more information.

Schools also offer access to play centres or childcare where children can play with friends and enjoy a range of fun activities until 6pm, supported by qualified and experienced playworkers. (These are sometimes called "after school clubs" which may be confusing because that is the same name as the free once a week activity clubs mentioned above.) The after school clubs cost between £3 and £8.50 (usually £5) a session. If the school joins up with a local organisation to run the club, staff will escort the children between the school and the play centre.

Tax credits to help you pay for childcare

If you are paying for a club to look after your child while you are at work, you may be able to get childcare element of Tax Credits to help meet the costs. For details, visit www.hmrc.gov.uk/taxcredits or call **0845 300 3900**.

Holiday activities

Some clubs run holiday playschemes during the summer or Easter holidays. You should contact the Family Information Service eight weeks before summer, four weeks before Easter and three weeks before half term holidays start to get the latest information about holiday schemes.

You can do this by visiting our website at www.learningtrust.co.uk/fis or calling **020 8820 7590**.

Holiday activities

Holiday Playschemes

There are various holiday schemes during the Easter and summer holidays where you can send your child while you're at work. They cost between £5 and £33 a day. We will publish more information about the schemes about four to eight weeks before the start of the school holidays.

To find out more, visit www.learningtrust.co.uk/fis or call the Family Information Service on **020 8820 7590**.

Childminders

You may want to think about using the services of a childminder while you are at work. A childminder is a person who is registered to look after children in the childminder's own home. It can cost between £150 and £225 a week for each child. Call us on **020 8820 7590** for an up-to-date list of registered childminders.

Free and cheap activities

If you are looking for free activities for children during the holidays, then check out your local adventure playground for supervised play activities. Parks, libraries, museums and swimming pools all run free activities during the holidays.

To find out more, go to your local library or visit www.hackney.gov.uk or www.learningtrust.co.uk/fis.

THINGS TO DO WITH CHILDREN AGED 5 – 13

Adventure playgrounds

You may have seen the large wooden structures where children can run, jump and climb. These allow children to play freely and take risks, knowing that friendly staff are there to help if needed. The playgrounds are fenced in and children can come and go after school, sometimes on Saturdays and during the school holidays. Most adventure playgrounds have quiet places for children to read, or do homework; many have computers, and some have after school clubs, youth clubs for teenagers or a meeting space for parent and toddler groups.

Contact your local adventure playground to check their current opening times and see what they have to offer.

| Name and address of adventure playgrounds | Telephone |
|--|---------------|
| Apples and Pears Adventure Playground Pearson Street, E2 8EL | 020 7729 6062 |
| Evergreen Adventure Playground Beehive Close, off Richmond Road, E8 3JT | 020 7275 9004 |
| Hackney Marsh Adventure Playground Off Kingsmead Way, E9 | 020 8986 7245 |
| Homerton Grove Adventure Playground Wardle Street, E9 5QG | 020 8985 9202 |
| Kidsactive Adventure Playground Hackney (KAPH) Spring Lane, Big Hill, Clapton, E5 9HQ (Open to all if places are available, but priority is given to children with special needs) | 020 8806 6149 |
| Shakespeare Walk Adventure Playground Shakespeare Walk, N16 8TL | 020 7249 8405 |
| Shoreditch Adventure Playground Mintern Street N1 5EF | 020 7729 3770 |

Cinema

Hackney Picture House

Hackney Picture House has a *Saturday Kids Club*. Doors open at 10am and film starts 10.30am. Children must be accompanied by an adult. Tickets cost between £1 and £3.

They may also have a parents and babies club and other family friendly activities. Do contact them for more information.

Hackney Picturehouse, 270 Mare Street, London, E8 1HE

www.picturehouses.co.uk

E: hackney@picturehouses.co.uk - Box office: 0871 902 5734

Facebook: [facebook.com/HackneyPicturehouse](https://www.facebook.com/HackneyPicturehouse)

Twitter: @HackneyPH

Rio Cinema

The Rio has a Saturday morning *Children's Picture Club* for children and accompanying adults with films costing £2 for children and £3 for accompanying adults. Doors open at 10.30am and films start at 11am sharp.

They also have a *Parents and Babies Club* with monthly showings. Prices £7/£5.50 concessions for adults.

Rio Cinema, 107 Kingsland High St, London, E8 2PB

www.riocinema.org.uk

E: mail@riocinema.org.uk - T: 020 7241 9410

City farm

City farms have a range of farm animals – pigs, chickens, sheep and so on, that families can visit **free**. They have extra activities at holiday times and throughout the year.

| Name and address of scheme | Telephone | Opening hours |
|--|---------------|-------------------------------------|
| Hackney City Farm 1a Goldsmiths Row, London E2 8QA (On the edge of Haggerston Park) www.hackneycityfarm.co.uk/ | 020 7729 6381 | Tuesday to Sunday: 10am – 4.30pm |

Dance and Drama

Remember to ask how much they charge for these. They can cost £2 to £8 a session.

Arcola Theatre

Arcola Youth Theatre welcomes anyone aged 12-16 years interested in learning about theatre. No previous experience is necessary. Classes take place Mondays and Tuesdays 5pm-7pm. Classes cost £40 for a 12 week term (£20 for families receiving JSA). For more information contact Arcola Theatre on 020 7503 1646 or at youth@arcolatheatre.com.

Arcola Theatre, 24 Ashwin Street, London, E8 3DL

www.arcolatheatre.com

Anna Fiorentini Theatre and Film School

Anna Fiorentini Theatre and Film School run a *Saturday School* at Clapton Girls' Academy. Each Saturday during term-time, 165 students, aged 7-18 follow a time-table of drama/film, singing, dance and set/costume design. These classes are taught by leading professionals. For more information contact Clapton Girls' Academy, Laura Place, Lower Clapton, E5 0RB - T. 020 7682 1403.

They also run a programme of summer performing arts courses open to boys and girls aged 7-18 years. For more information contact them directly.

Anna Fiorentini Theatre and Film School, Business Design Centre,
Unit 101a, 52 Upper Street, London, N1 0QH

www.annafiorentini.com

E. hello@annafiorentini.com - T. 020 7682 1403

Carol Straker Dance Foundation

This organisation provides professional dance education for children, young people and adults.

Carol Straker Dance Foundation, 136a-142a Lower Clapton Road, London, E5 0QJ

www.csdf.co.uk

E. CSDFdance@aol.com - T. 020 8985 1221

Chats Palace

A wide range of drama and dance classes for children, young people and adults.

Chats Palace Ltd, 42-44 Brooksbys Walk, London, E9 6DF

www.chatspalace.co.uk

E. info@chatspalace.com - T. 020 8533 0227

Hoxton Hall

Youth projects include drama, singing, music and dance classes for children and young people aged 7-16 years. There is also a drama class for 16-25 year olds.

Hoxton Hall, 130 Hoxton Street, London N1 6SH

www.hoxtonhall.co.uk

E. info@hoxtonhall.co.uk - T. 020 7684 0060

Nemesis Street Dance

Live in Hackney? Aged between 11 and 18? Do you want to learn how to dance or practise some of your moves with trained dance experts? **Free** at estates near you. Contact Sonia at Hackney Homes on **020 8356 6128** or at sonia.bradley@hackneyhomes.org.uk

Yogahome

Yoga and ballet classes for 3 -11year olds and ballet and contemporary dance for adults.

Yogahome, 11 Allen Road, London N16 8SB

www.yogahome.com

E. info@yogahome.com - T. 020 7249 2425

Other holiday activities

Holiday playschemes

There are a number of holiday schemes during the Easter and summer holidays where your child can go while you're at work. They cost between £4 and £33 a day and are for children aged 5 to 11. We will publish more information about the schemes about four to eight weeks before the start of the holiday. To find out more, visit www.learningtrust.co.uk/fis or call the Family Information Service on **020 8820 7590**.

If you are looking for free activities for children during the holidays, then check out your local adventure playground for supervised play activities. Parks, libraries, museums, and swimming pools all run free activities during the holidays. To find out more, go to your local library or visit www.younghackney.org, www.hackney.gov.uk or www.learningtrust.co.uk.

Leisure centres and swimming pools

For **free** swimming for under 18s visit www.gll.org/borough/hackney.asp

Britannia Leisure Centre and swimming pool

40 Hyde Road, London N1 5JU

E. britannia@gll.org - T. 020 7729 4485

Clissold Leisure Centre and swimming pool

63 Clissold Road, London N16 9EX

E. clissold@gll.org - T. 020 7254 5574

Kings Hall Leisure Centre and swimming pool

39 Lower Clapton Road, London E5 0NU

E. kingshall@gll.org - T. 020 8985 2158

London Fields Lido (not free)

London Fields Westside, London E8 3EU
E. london-fields-lido@gll.org - T. 020 7254 9038

Queensbridge Sports and Community Centre

30 Holly Street, London E8 3XW
E. queensbridge@gll.org - T. 020 7923 7773

Stoke Newington West Reservoir Centre

Green Lanes, London N4 2HA
E. stoke-newington@gll.org - T. 020 8442 8116

Libraries

Libraries offer a wide range of FREE services: free internet access, homework zones, monthly reading groups for 8 - 12 year olds (chatterbooks), teen reading groups, story writing, games workshops, story telling, activities for under 5s, books and tapes in other languages and large print clubs, books, CDs and DVDs, daily papers and magazines, free use of computers, help with lifelong learning and ESOL. To find out what's happening at your local library go to www.hackney.gov.uk/cl-libraries or call **020 8356 2539**

Shoreditch Library

80 Hoxton Street, N1 6LP
T. 020 8356 4350

CLR James Library

24-30 Dalston Lane, E8 3AZ
T. 020 8356 1665

Hackney Central Library

1 Reading Lane, E8 1GQ
T. 020 8356 2547

Stoke Newington Library

Stoke Newington Church St, N16 0JS
T. 020 8356 5230

Stamford Hill Library

Portland Avenue, N16 6SB
T. 020 8356 1700

Homerton Library

Homerton High Street, E9 6AS
T. 020 8356 1690

**Clapton Library
Northwold Rd, E5 8RA**

T. 020 8356 1620

Woodberry Down Community Library

Robin Redmond Centre, 440 Seven Sisters Rd, N4 2RD
T. 020 8356 1791

Mon & Tues, 9.30am – 7pm.

Weds, Thurs & Fri, 9.30am – 5pm.

Closed every day from 1pm – 2pm.

Run by volunteers so may not have the same range of services as other libraries.

Museums

As well as interactive exhibitions, which are fun for all the family, museums also run different workshops throughout the year. These include carnival workshops, historical costumes, story telling and music.

Hackney Museum (free)

1 Reading Lane, London E8 1GQ
www.hackney.gov.uk/cm-museum
E. info@hackney.gov.uk - T. 020 8356 3500

Geffrye Museum

Kingsland Road, London E2 8EA
www.geffrye-museum.org.uk
E. info@geffrye-museum.org.uk - T. 020 7739 9893

National Trust Sutton House (Some events are free, some charge)

2-4 Homerton High Street, London E9 6JQ
www.nationaltrust.org.uk/suttonhouse
E. suttonhouse@nationaltrust.org.uk - T. 020 8986 2264

Music

Most schools now give pupils a chance to enjoy singing and work with musical instruments. A number of schools also run taster sessions and introductory programmes so that children can try out musical instruments. There are other opportunities for music-making in school choirs, ensembles and after school clubs. Every year, Hackney children take part in concerts, project performances and the music festival.

Students who show an aptitude for music can join in with programmes that are run centrally by The Learning Trust's Music Service. These include borough ensembles, the weekly Training Orchestra, percussion groups and the newly formed Hackney Borough Youth Orchestra. You can get details and an application form by calling **The Learning Trust's Music Service** on **020 7241 7408**.

Hoxton Hall music classes

Hoxton Hall holds various arts classes, including singing and music classes, after school. Children aged 7 to 19 are placed in different groups according to their age.

Hoxton Hall, 130 Hoxton Street, London N1 6SH

www.hoxtonhall.co.uk

E. info@hoxtonhall.co.uk - T. 020 7684 0060

Music for the under 5s

See page 22.

Saturday music schools 6 – 18

For school aged children. Contact **Hackney Music Development Trust** on **020 8820 7410** or at info@hmdt.org.uk for details of waiting lists, fees and venues.

Play areas

There are many well equipped children's play areas within Hackney's parks, open spaces and housing estates. The areas listed below have been newly built or refurbished as part of the Play Pathfinder Programme and feature innovative designs and natural features to encourage children to test and extend their abilities, use their imaginations and have fun!

Allen Gardens - Bethune Road, N16 5BD

Aske Garden - Pitfield Street, N1 6JX

Banister House - Homerton High Street, E9

Broadway Market Green - Jackman Street, off Broadway Market E8 4QX

Butterfield Green - Shakspeare Walk, N16 8TX

Buxton Court - Windsor Terrace, off City Road N1

Clapton Square - Clapton Square, off Lower Clapton Road E5 8HP

Clissold Park - Greenway Close, off Green Lanes N4 2EY

Daubney Fields - Meeson Street, E5 0EA

De Beauvoir - Portelet Court, De Beauvoir Estate, off Downham Road N1

DeBeauvoir Square - De Beauvoir Square, N1 4LG

Evelyn Court - Amhurst Road, E8

Frampton Park Estate - South of estate, off Frampton Park Road E9

Hackney Downs - Downs Park Road, E5 8NP

Haggerston Park - Audrey Street, off Goldsmith's Row E2 8QH

Harman Estate - Kingsland Road, N1

Landfield Estate - Evering Road, E5

Lea View Play Area - Lea View House, Springfield E5

London Fields X2 - London Fields Westside, E8 3EU

Melbourne Green - Daubeney Street, Clapton Park Estate E5

Millfields Park - Lea Bridge Road, E5 0AR

Milton Gardens - Shakespeare Walk, N16

Nye Bevan - Nye Bevan Estate, Overbury Street E5

Portland Rise Estate - Portland Rise, N4

Regents Court Estate - Regents Court Estate, E8

Rhodes Estate - Dalston Lane, E8

Shoreditch Park - Mintern Street, N1 5EF

Somerford Grove - Somerford Grove, N16

Stamford Hill (Guinness Trust) - Stamford Hill, N16

Stonebridge Park - Haggerston Road, E8 4EP

Trowbridge Village - Green Eastway, Hackney Wick E9

Wenlock Barn - Wenlock Barn, Shoreditch N1

Soft play centres

| Name and address of scheme | Telephone | Opening hours | Age range and cost |
|--|---------------|--|---|
| Kidz Mania 28 Powell Rd, E5 8DJ | 020 8533 5556 | Monday to Sunday: 10.00am – 6.00pm | 10 months – 12 years From £2.99 |
| Pirates' Playhouse (Next to the castle) Green Lanes, N4 2HA | 020 8800 1771 | Monday to Thursday: 10am – 6pm Friday to Sunday: 10am – 7pm | 6 months – 12 years £3.90 weekdays and £4.25 weekends |

Sport

Active Places

Search for sports facilities at www.activeplaces.co.uk

Cycling Club Hackney

For further information visit www.cyclingclubhackney.co.uk

Hackney Soccer Camp

for further information visit www.stmatthiasclub.co.uk or call **020 7254 9144**

Kickz

Free football and basketball training sessions in Hackney – with coaches from Arsenal and Leyton Orient. For more information contact Jackie Loftus at Hackney Homes on **020 8356 7863**.

Other ideas

- see if your local park has basketball or tennis facilities as well as areas for football, rounders, skateboarding, roller skating or cycling;
- your child's school may know about other local sports activities;
- search www.hackney.gov.uk for more information on what's happening locally.

Uniformed groups – scouts, guides, air cadets and Woodcraft Folk

Scout Association

The Scout Association provides adventurous activities and personal development opportunities for young people aged 6 – 25. For a local group call **0845 300 1818** or visit www.scouts.org.uk

Girl Guides

Guides provide a safe, girls-only space to explore the activities, issues and possibilities that are available to girls aged 5 to 25 today. For a local group call **020 8675 7572** or visit www.girlguidinglaser.org.uk

Aircadets

If you're a fan of aviation, action and adventure, love sports and getting to know people then you're in the right place. Every year nearly 60,000 air cadets and volunteer staff take part in exciting events all over the country. And with over 1,000 squadrons across the UK, you could be one of them. For more information, visit www.raf.mod.uk/aircadets

Woodcraft Folk

Woodcraft Folk groups meet weekly. They enjoy a varied programme including games, drama, discussion, projects, crafts, singing and dancing. They follow an educational programme based on awareness of issues such as the environment, world debt and global conflict. Age range 6 – 15. For more information, call **020 7703 4173** or visit www.woodcraft.org.uk



STARTING SECONDARY SCHOOL

Choosing a secondary school can be a daunting task, for both you and your child, and we know that it is one of the most important decisions you will ever make.

You will need to start thinking about the transfer to secondary school when your child is in year 5. This will give you enough time to think about all your options and prepare your child for the change. Decisions have to be made early in year 6. Our Choice Adviser can explain the admission process. Please call **020 8820 7510** to book an appointment.

Do:

- start thinking wisely about your school preferences;
- talk to your child about their thoughts and feelings;
- make sure your child takes their banding test in October (or December);
- attend open days and evenings at secondary schools. These are usually held in September and early October. To find out the dates, visit www.learningtrust.co.uk then go to schools admissions;
- look through each school's prospectus and read the *Hackney's Secondary Schools - Admission Guide for Parents*;
- consider schools outside the borough, as well as those in Hackney; a school in a neighbouring borough might be closer;
- check out the admissions policy for each school to see how it relates to your child;
- teach your child how to travel to school on their own;
- make the most of your preferences.

Don't:

- leave looking for a school to the last minute;
- miss the closing date to submit your application;
- dismiss a school just because of things you have heard about it. Visit the school instead and see it for yourself;
- make unrealistic preferences.

What is the banding test?

Banding is a way of grouping children by ability. Banding is based on the results a series of tests held in Hackney primary schools in October (or December if they go to a primary school outside Hackney). All the academies and community schools use this system to allocate places. The results are not used to offer places to children who score the highest. Roughly the same number of places are

awarded to children in each band. Each child will be placed in a band based on their test score, and will be ranked according to the admissions criteria. Please make sure that your child takes this important test.

How to apply

You apply in October when your child is in year 6. You can check the exact deadline in the *Hackney's Secondary Schools - Admission Guide for Parents*.

This guide is published every year in late August and it's full of information about all the secondary schools in Hackney, their admission policies and the transfer process. You can get a copy from:

- your child's primary school;
- The Learning Trust, 2nd floor reception, 1 Reading Lane, E8 1GQ;
- or call the Admissions Team on 020 8820 7197 / 7489.

You can also download a copy from

www.learningtrust.co.uk/schools/secondary_schools

The headteacher will invite you to apply online at your child's primary school. All London schools now work together on the secondary transfer process. This means that you only have to complete one application form to list up to six secondary schools in London. This is all done online.

For more information call The Learning Trust's Admissions Team on **020 8820 7489 / 7197**

To find out more about your child's options at ages 14 to 16, see page 59 – 60.

SUPPLEMENTARY SCHOOLS

Supplementary schools enhance the learning experiences of young people by providing out of school hours activities. Supplementary education services are available throughout Hackney. Classes take place after school finishes on weekdays, Saturdays or Sundays.

All the schools in this list have been known to The Learning Trust in the past year. They provide lessons in the core national curriculum subjects – English, mathematics and science – with most schools providing extra activities.

Supplementary education is for all young people (5 – 16) at all key stages. Schools provide tuition for all abilities. They are a great way for a young person to get

extra help outside school. All the teachers employed by the schools listed in this directory are fully qualified and have passed a Criminal Records Bureau check. Contact the school itself to find out how much they charge and how to join.

| Name and address of supplementary school | Telephone | Contact name / other details |
|--|----------------------------------|--|
| African Community School Princess May Primary School, Princess May Road, N16 8DF | 07863 234 832 | Kome Owuas A varied programme for 3-16 year olds. Saturdays and some holidays. |
| Caribbean Parents and Children Connection (CPCC) 6-8 Palatine Road, N16 8SX | 020 7241 1646 | E: claudiajonesorg@ googlemail.com. Saturday mornings for 5 – 16 year olds. |
| Centerprise 136-138 Kingsland High St, E8 2NS | 020 7254 9632 | Emmanuel. Saturday mornings for 5 – 16 year olds. |
| Day-Mer Turkish and Kurdish Community Centre Former Library Howard Road, N16 8PR | 020 7275 8440 | Mainly Turkish/Kurdish/Cypriot provision for 5 – 16 year olds. Monday to Thursday evenings study and Saturday afternoon cultural activities. |
| Haggeston Community Centre 179 Haggeston Road, E8 4JA | 020 7254 2312 | Edward Ayeebo Asundo After school sessions. |
| Refugee Workers Cultural Association Supplementary School Unit C1, 3-19 Victorian Grove N16 8EN | 020 7249 9983 | E: rwca1991@hotmail.com Mainly Turkish/Kurdish/Turkish Cypriot provision for 6 – 16 year olds. Open on Saturday and Sunday. |
| TEDA Supplementary School Turkish Education Development Association, 117-119 Stoke Newington Road, N16 8BU | 020 7254 5566 www.tedaedu.org | Mainly Turkish provision for children aged 6 – 16 years, weekday evenings. |
| Total Learning Support The Round Chapel, Powerscroft Road, E5 0PU | 020 8531 4726 07947 448 555 | Paula James Saturday mornings. |
| Youth Direct The Brenner Centre 91-93 Stamford Hill, N16 5TP | 020 8211 1722 | Sessions for Jewish Orthodox boys on Sunday afternoons and some weekday evenings.. |

CHILDREN AND YOUNG PEOPLE WITH SPECIAL EDUCATIONAL NEEDS

In this section you will find information for families with children with special educational needs or disabilities on:

- health services;
- education services;
- family support services.

What should I do if I think my child might be having difficulties?

Your health visitor or doctor might suggest there could be a problem when they make a routine check. But if you have any worries of your own, you must get advice straight away. If your child goes to an education setting, talk to the nursery manager, teacher or SENCO (this is the person who has responsibility for co-ordinating help for children with special educational needs), or the headteacher.

You can also contact the Hackney Ark Resource Centre, where the Information and Advice Officers will be available to help on **020 7014 7005 / 6**.

Don't delay – talking about your worries is the first step to getting help for your child. Ask whether the playgroup leader, teacher or SENCO has noticed anything that might suggest your child has special educational needs. They will be able to explain what happens next.

Don't forget to share information, such as:

- when you first noticed the difficulty, and if it is getting worse;
- whether you have mentioned it to anyone else, or whether your child is seeing someone about the difficulty;
- if anyone else in the family has similar difficulties;
- how your child feels and how they behave at home;
- if there are any problems at home, or if there has been any kind of upset; which might be affecting your child.

The law says that a child has 'special educational needs' if they have learning difficulties or disabilities that make it harder for them to learn than most other children of their age. These children may need extra or different help from that given to other children of the same age.

Children do not have learning difficulties just because their first language is not English although, of course, some of these children may have learning difficulties

as well. Children may need extra help because of a range of special educational needs, such as:

- thinking and understanding;
- physical or sensory (sight, hearing and so on);
- emotional or behavioural difficulties;
- speech and language difficulties;
- difficulties in how they relate to other people.

Many children will have special educational needs of some kind during their school career. Schools and other organisations can help most children to overcome these, but a few children will need extra help for some or all of their time in school. Remember:

- You know your child better than anyone else. Have confidence in yourself and be ready to share information.
- The teacher or playgroup leader sees your child in a different setting and has knowledge and experience that they can share with you.
- Sometimes it helps to write down what you would like to say before going into a meeting.
- It is very important to encourage and praise your child.
- Children pick up feelings from how their parents and other adults talk to them. Working together is important.
- Try to listen to what your child says – it helps them to think things through and feel that people are listening to what they say.
- There are other organisations that help parents. The Hackney Parent Partnership Service can put you in touch. It can help to know you are not alone.

Being informed can also help. Try to read leaflets, books, watch TV programmes about special educational needs. The internet is a valuable source of information, although do check whether the site is run by a reputable organisation or whether it is the opinion of just one person.

Access team

This team deals with free bus passes and the taxicard scheme. They also deal with the blue badge parking scheme. For details and an application form, visit Hackney council's website at www.hackney.gov.uk and enter "blue badge scheme" in the search box. You can also write to the Access team at 1 Hillman Street, E8 1DY or call **020 8356 6262**

Child and family consultation service

Professionals can help children, young people and their families understand and deal with their mental health problems. You must be referred by a health, education or social care professional.

Children and Young People's Centre

15 Homerton Row, E9 6ED.
T. 020 3222 5600

Woodberry Down Team

John Scott Health Centre, Green Lanes, N4 2NU
T. 020 8809 5577

Children with disabilities team social services

See Hackney Ark, page 46.

Children's Centres

Children's centres provide a combined childcare, health and family support service for families with children under 5 in Hackney. Contact your local strategic children's centre (see page 6, or go to www.learningtrust.co.uk/childrenscentre). They can put you in touch with a speech therapist, dietician, counsellor, health visitor as well as refer you to other health services.

City and Hackney carers centre

Support for parents and carers looking after special needs children or partners:

- benefit and welfare advice;
- emotional support;
- forums;
- funding for short breaks, trips and activities.

City and Hackney Carers Centre

96-102 Springfield House, 5 Tyssen Street, E8 2LZ
www.hackneycarers.org.uk
E. info@hackneycarers.org.uk - T. 020 7923 8750

Hackney directory

Directory of services for local people living or working in Hackney. Visit www.hackney.gov.uk and click on "Hackney Directory".

Contact a family free helpline

This is a charity for any parent or professional involved with, or caring for, a disabled child. For more information call **0808 808 3555**

Educational psychology service

Educational psychologists help ensure that children with special educational needs, and difficulties with learning or behaviour at school, get the right help.

To book a half-hour appointment with an educational psychologist, please call **020 8820 7519 / 8**. The sessions take place on Wednesday afternoons during term-time at The Learning Trust, 1 Reading Lane, E8 1GQ.

Hackney Ark

This centre brings together various health and social services for children with disabilities in one building. It replaces the Donald Winnicott Centre.

Hackney Ark

Corner of Cecilia Rd, Downs Park Rd, London E8 7HY
T. 020 7014 7000

The services available at the Hackney Ark are:

Audiology

T. 020 7014 7010

Children's Community Nursing Team

T. 020 7014 7096

Children with Disabilities Team – social care

This is a specialist service for children with moderate to severe disabilities. The team carries out comprehensive assessments of the needs of the child and family.

They can provide care in your home, respite care (either within or outside the home) as well as refer you to other services that offer family support.
T. 020 7014 7100

Hackney Parent Partnership Service

Hackney Parent Partnership Service offers information, support and advice to the parents and carers of children with special educational needs. The service provides accurate and impartial information on the full range of options available for the child's education. They explain parents' and carers' rights and responsibilities and help them make informed decisions about their children's education.

E. parentpartnership@hackneyark.chpct.nhs.uk - T. 020 7014 7123

The Key

Hackney's Register for children with disabilities and special educational needs. If you register, you get the following benefits:

- a discount leisure card for your child with special needs;
- information, advice and networking;
- help for parents and carers of children and young people with a disability to access services;
- events.

E. resourcecentre@hackneyark.chpct.nhs.uk - T. 020 7014 7005/6
Make sure you are registered.

Speech and language therapy

T. 020 7014 7060

The Keyworking Team

Provides a service to children with complex health and social care needs through allocated Key Workers.
T. 020 7014 7088

Occupational Therapy

Working with children, families and schools to help understand the difficulties children face with everyday tasks, such as dressing, playing and writing, because of their physical disability, co-ordination disorder or development delay You must be referred by a health, education or social care professional.
T. 020 7014 7025

Physiotherapy

Promoting the development of motor skills such as sitting and walking. Also helps children manage their physical difficulties through intervention and advice, in various settings, including home and school. You need to be referred by a health, education or social care professional.

T. 020 7014 7025

Portage

Portage is a home visiting service which helps children aged 0 to 2½ years old with significantly delayed development. Portage recognises that parents are the best people to teach their child and so relies on parental involvement when planning and carrying out the child's learning development goals and activities.

For information about referrals, contact the Portage Home Visitors at Hackney Ark.

T. 020 7014 7066

Psychotherapy

T. 020 7014 7071

The Resource Centre

One stop shop for information and advice for children and young people with disabilities or additional needs aged 0 – 19 years. Help, information and advice for Hackney parents and carers of children aged up to 19 who have disabilities and special educational needs. The resource centre has a small library of books, leaflets, and electronic equipment for you to browse and borrow. There is a soft play area for younger children and computers for parents to use. You can phone for advice or drop in.

T. 020 7014 7005 / 6

Inclusion team – The Learning Trust Education

The team of specialist teachers and early support officers work with schools, nurseries and playgroups. They help staff to promote inclusion of children and young people with SEN and disabilities, (usually with an SEN statement). They work with teachers or nursery staff, as well as with parents.

For children aged 2½ to 5 (Early Support Team) contact **020 8820 7124 / 5**

For children aged over 5 contact **020 8820 7326**

The Key

See Hackney Ark, page 46.

Mental health

See child and family consultation service.

Money

Family Fund

National Charity aiming to support, advise and possibly help with funds for families with severely disabled children.

www.familyfund.org.uk

E. info@familyfund.org.uk - T. 08449 744 099

Disability Living Allowance

A tax-free benefit for children and adults who need help with personal care, or who have walking difficulties because they are physically or mentally disabled.

www.direct.gov.uk/disabledpeople

Turn2us Benefits Calculator

Try this website. It checks a range of benefits that you might be able to claim.

www.turn2us.org.uk

Nurseries and playgroups

All nurseries and playgroups are expected to welcome children who have special educational needs or disabilities, and to make reasonable adjustments to ensure that they can access all activities.

Some playgroups and nurseries have funding to provide a higher staff to child ratio. This means that they can give more support to children with a greater level of need. To get an updated list of nurseries and playgroups, call the Hackney Family Information Service on **020 8820 7590**

Occupational therapy service for children

See Hackney Ark, page 47.

Parent partnership service

See Hackney Ark, page 47.

Play services

Evergreen Adventure Playground

Free, open access adventure playground for Hackney children and young people with and without disabilities. It has indoor and outdoor space for children aged 5 – 15, after school and during holidays. You will need to book a place if your child has special needs. All children must be registered with the playground.

Beehive Close (off Richmond Road) Dalston, London, E8 3JT
E. evergreenplay@yahoo.co.uk - T. 020 7275 9004

Facilitating Inclusive Play (FIP)

Works to include disabled children aged 5 – 13 years into mainstream adventure playgrounds across Hackney. Contact Hackney Play Association on 020 7729 4664.

Huddleston Centre Youth Project

A range of youth work activities for disabled children and young people. Purpose built accessible building over three floors with a soft play area and hydrotherapy pool.

30 Powell Road, Clapton, London E5 8DJ
T. 020 8985 9089

Play Inclusion Service

Helps children and young people, aged 0 – 16, with special educational needs and/or disabilities, access mainstream play provision. It also offers advice and information. It has a limited number of supported places at some holiday schemes and after school clubs, with additional support from a worker. (Please note that there is a high demand for this service).
T. 020 8820 7517

Kids' Adventure Play Hackney

Adventure play for children with disabilities aged 5 to 19. You need to be referred through the children with disabilities social work team.

Spring Lane, Big Hill, Clapton, London E5 9HQ
T. 020 8806 6149

Portage

See Hackney Ark, page 48.

Resource centre at Hackney Ark

See Hackney Ark, page 48.

Schools

See inclusion team (page 48), Hackney parent partnership service (page 47) and your school's SENCO.

Social services

See children with disabilities team, social services, page 46.

Speech and language therapy service

Provides prevention, training and intervention in all aspects of communication, speech and language for children aged 0 – 19. Services for 0 – 5 year olds, available at the lead children's centres. For children aged 5 and over, the service is based in schools.

Call the team administrator on **020 7683 4587**

Physiotherapy for children

See Hackney Ark, page 48.



FAMILIES WITH YOUNG PEOPLE AGED 13-19

Information on education, funding support, well-being and activities for young people in Hackney.



THINGS TO DO FOR YOUNG PEOPLE AGED 13 – 19

There are many activities for young people aged 11 – 19 to do in Hackney. There are sports, music, creative activities, discussion, computers, information and much more as well as organisations that can give you support and advice. To find out more go to www.younghackney.org - the website run by, and for, young people in Hackney. It also includes information about summer programmes, activities and courses running over the holidays.

Fun in the holidays

Futureversity and Hackney Young People's University offer a range of courses, activities and opportunities in the holidays – sports, art, technology, media, beauty and more. For more information on Futureversity visit www.futureversity.org or call **020 7247 7900**. For more information on Hackney Young People's University visit www.hypu.org.uk or call **020 7249 4542**

Volunteering

Volunteering is a great way of learning new skills and is something that you can put on your CV and talk about when being interviewed for jobs as well as for college and university places.

For information call Volunteer Centre Hackney on **020 7241 4443** or visit www.vchackney.org or for vacancies aimed specifically at 16-25 year olds visit www.vinspired.com

SUPPORT FOR YOUNG PEOPLE

The Council's Youth Service, Youth Support Service and Youth Offending Team have been combined to form a single service for all young people aged 8-19 called **Young Hackney**.

Help when you need it

Young Hackney offers a range of enjoyable opportunities, challenging experiences and effective support in youth projects. Young Hackney workers can also offer you support and advice if you have concerns about your health; are in trouble with the police; have problems at home; or if you need help with other issues such as training, employment, personal finance or accommodation. If you need extra support, they'll make sure you can access the right services.

Where to find Young Hackney

- Morland Community Centre, Gayhurst Road, E8 3EY
- Fellows Court Youth Club, Fellows Court, Weymouth Terrace, E2 8LR
- Frampton Park Youth Club, Frampton Park Estate, Well Street, E9 7QX
- Guinness Trust Youth Club, Stamford Hill, N16 5QT
- Young Hackney Stoke Newington, Chaucer Court, off Howard Rd, N16 8TS
- The Purple Bus Mobile Unit at estates across the borough – see www.younghackney.org for the schedule.

In 2012, Young Hackney will be opening four brand new youth centres:

- Forest Road, Dalston.
- Parkside Youth Centre, Woodberry Down.
- Concorde Youth Centre, Kingsmead Way, Homerton.
- Hoxton Hall, Hoxton Street, Shoreditch.

Find out more at www.younghackney.org or call Young Hackney on **020 8356 7404**

14 -19 EDUCATION, SCHOOLS, SIXTH FORMS AND COLLEGES

Hackney offers learners between the ages of 14 and 19 a wide range of educational opportunities, with three rated 'outstanding' by Ofsted. Sixth form education is available in Hackney at BSix Brooke House Sixth Form College, Cardinal Pole Catholic School, Clapton Girls' Academy, Hackney Community College, Haggerston School, Mossbourne Community Academy, Our Lady's Convent High School, Skinners' Academy, Stoke Newington School and Sixth Form, The Bridge Academy, The Petchey Academy and for pupils with special educational needs, at Ickburgh School.

To find out more look on the www.ucasprogress.com website.

Training providers

You may prefer to combine education with employment or work experience. Training providers offer a wide range of learning options which combine courses and experience in the workplace to equip you with vital qualifications for work. There are a range of training providers in Hackney. Visit www.younghackney.org for a list of current Apprenticeships and Foundation Learning programmes or call Connexions on Mondays, Wednesdays and Fridays between 1pm and 5pm on **020 7014 7400** for help with job hunting.

Choices for 14 year olds

This is an important time when young people (and their parents) get to choose which subjects they want to study on top of the core subjects. Your school will produce an "options booklet" to give you more information in year 9. You can also talk to the Careers Co-ordinator in your school.

Most young people will study a range of GCSEs; the core subjects, maths, English, science (and in some schools a language and a humanities subject), plus up to three others that young people choose themselves. These are assessed by exams. Some schools also offer in addition to the core subjects, applied and vocational qualifications which are assessed by coursework rather than exams. These can be studied in school or at a college or training provider.

For young people working at the lower levels, programmes of study are offered which allow them to develop personal and social skills as well as academic subjects. The school's Head of Year will be able to advise on this.

From September 2012, new University Technical Colleges will be opening across the country. These provide places to 14-19 year olds and offer the core subjects plus training in a vocational area. The first in Hackney will open at Hackney Community College in September 2012 and will specialise in Creative Digital Media and Health Technologies. Visit www.hackney.ac.uk/about/hackney-utc or call **020 7613 9123** or email utc@hackney.ac.uk for more details.

For more information on these options, talk to your head of Year 9, look out for the open days and events at school or talk to your Connexions adviser.

Choices for 16 year olds

Many young people will study A-levels at school or college. These are assessed by exams ASs at the end of the first year followed by A2s at the end of the second. Some schools also offer applied A' level which are designed to support progression to particular careers. Other young people choose applied vocational courses offered by colleges or training providers. A-levels and BTEC Nationals offer an excellent route to University.

For those wanting to earn while they learn Apprenticeship are a great solution. Learners will be placed at an employer and earn a wage while working towards a nationally recognised qualification. Employment opportunities for 16 year olds are very limited but those interested in this option should speak to Connexions or Job Centre Plus about available vacancies. 16 year olds seeking employment should also check that their chosen employer offers training.

For young people working at the lower academic levels, programmes of study are offered which allow them to develop personal and social skills as well as academic subjects. These programmes are available at colleges and providers. Ask for details from the provider's admissions department.

Details of all courses available across London, including Apprenticeships, are available at www.ucasprogress.com. For Apprenticeships and training opportunities in Hackney go to www.younghackney.org/jobs/training-and-apprenticeships.php or speak to Connexions. More information on what's available in Hackney can be found in the *Hackney's 16-19 prospectus - A guide to 2012-2013 courses*. You can download a copy from www.learningtrust.co.uk or pick up one from:

- your school Careers Resource Centre;
- The Learning Trust, 2nd floor reception, 1 Reading Lane, E8 1GQ;
- Hackney Connexions.

Connexions

Are you aged 13 -19? If so, Connexions Direct can offer you all the information and advice you need to make decisions and choices in your life. They provide careers and education advice, as well as linking in to other services including housing, youth service and others. Visit <https://www2.cxdirect.com> or call **0800 100 900**. Connexions staff visit secondary schools or you can find them at:

Hackney Connexions Access Shop, Unit 2, 65 Dalston Lane, E8 2NG
Mondays, Wednesdays and Fridays, 1pm - 5pm

Call **020 7014 7400** or find them on Facebook under **Connexions Hackney**

LEARNERS WITH LEARNING DIFFICULTIES AND DISABILITIES

All schools, colleges and training providers receive additional funding to support learners with learning difficulties and disabilities. They will discuss your needs before you start and can provide a range of support including Learning Support Assistant, scribe, note-taker or other relevant in class support.

If you currently have a Statement of Special Educational Needs your Connexions advisor will work with you, your school and your parents to produce a Learning Disability Assessment (LDA) recommending the best option for your continued education.

If you are on School Action or School Action Plus you may have a Learning Disability Assessment if your school or Connexions feel this would be helpful. Otherwise your school or Connexions will provide you with more informal support for your transfer into Year 13.

If you need a high level of support or currently attend a special school your Learning Disability Assessment may suggest you attend a setting with courses aimed specifically at learners with learning difficulty or disabilities.

FUNDING AVAILABLE TO SUPPORT YOUR STUDIES

16-19 Bursary Fund

The Education Maintenance Allowance (EMA) is not available any more. It has been replaced by the 16 – 19 Bursary Fund, which is only open to some young people with a high level of need. Students most in need will be eligible to receive a bursary of **£1,200 a year**. This group includes: people in care; care leavers; people claiming income support; disabled young people who receive Employment Support Allowance and Disability Living Allowance. You need to apply to your school, college or training provider.

Care to Learn

Provides help with childcare while you learn to all young people under 20 who have one or more children and participate in learning and training (non-employed status). In London you can have childcare and associated travel costs paid up to **£175 per child per week**. Call the Learner Support helpline on **0800 121 8989** or visit www.direct.gov.uk/caretolearn

Learner Support Funds

If you or your family are having financial difficulties, Learner Support Funds can help you to continue with your studies. Students aged 16 or over may be able to get help with the costs of transport, books and equipment, childcare provision and lodgings. For further advice please call **020 8820 7402**

Studying at higher education

Find out about what money you can get to help you study at university. Go to www.direct.gov.uk/studentfinance

Help with travel fares

Students up to 18 are entitled to free bus travel and reduced rate season tickets, but you will need to get a special oyster card. Go to www.tfl.gov.uk/ticket or call **0845 330 9876** for more information.

If you are a student attending a sixth form or college outside Hackney, because your course is not available within the borough, you may qualify for help if you have to travel more than three miles to college. Call **020 8820 7246** or visit www.learningtrust.co.uk/pupil_benefits_and_grants to find out more.

USEFUL WEBSITES FOR YOUNG PEOPLE

Sho-me – www.chypsplus.nhs.uk

Sexual health online for North East Londoners

Talk to Frank – www.talktofrank.com

Information on drugs.

Young Minds – www.youngminds.org.uk

Young Minds is the UK's leading charity committed to improving the emotional and mental health of children and young people and empower their parents as carers.

Chyps Plus – www.chypsplus.nhs.uk

City & Hackney's website for health information and free advice for young people.

SUPPORT FOR PARENTS OF YOUNG PEOPLE

Got-a-teenager

For anyone with a teenager in their life. Join for parent-to-parent support, informal advice, useful information. Visit www.gotateenager.org.uk or call the freephone Parentline **0808 800 2222** (7am – midnight)

Contact a Family

Support for families of young people with a disability. Visit www.cafamily.org.uk



FAMILY SUPPORT AND ADVICE

Information for parents on support on jobs, training, money issues, health, parenting and more.



JOBS AND TRAINING

| | |
|--|---|
| Adult Learning Services Offers Hackney residents free training (including ICT, Literacy, Numeracy) and help back to work (CV's, interview techniques). Extra support for ex-offenders. | 020 8820 7339 communitydevelopment@learningtrust.co.uk |
| Hackney Jobcentre Plus | 0845 604 3719 |
| Information on ESOL (English classes) | 020 8820 7167 |
| Working Families www.workingfamilies.org.uk Information for parents on their rights at work | 0800 013 0313 |

MONEY

| | |
|--|---|
| Child Support Agency | 0845 713 3133 |
| Child Benefit www.hmrc.gov.uk/childbenefit | 0845 302 1444 |
| Child Trust Fund www.childtrustfund.gov.uk | 0845 302 1470 |
| The Children's Country Holidays Fund Holidays for disadvantaged children www.cchf-allaboutkids.org.uk | 01273 847 770 |
| Disability benefits helpline www.direct.gov.uk | 0845 7123 456 0845 7224 433 (Text phone) |
| Turn2us benefit calculator www.turn2us.org.uk/benefits_search.aspx | |
| Healthy Start vouchers – from your health visitor or midwife | |
| Housing Benefit and Council Tax Benefit in Hackney | 020 8356 3399 |

| | |
|--|---|
| Jobcentre Plus – claim Income Support, Job Seekers Allowance Hoxton, 30 Drysdale St, N1 6LT Hackney, 271 Mare St, E8 1EE Dalston, Playle House, Tottenham Rd, N1 4BY | www.direct.gov.uk/benefits 020 7749 7100 020 8218 8166 020 7200 6601 |
| National Debtline | 0808 808 4000 freephone |
| School related benefits in Hackney | 020 8820 7402 |
| Tax Credit Helpline www.hmrc.gov.uk/taxcredits | 0845 300 3900 |

HAVING DIFFICULTIES?

| | |
|--|----------------------|
| Childline | 0800 1111 (free) |
| Domestic Violence Helpline | 0808 2000 247 (free) |
| Hackney Domestic Violence Team | 0800 056 0905 (free) |
| Children's and Young People's Services - Children's Social Care | 020 8356 5500 |
| Homelessness Centre 1 Hilman Street, E8 1DY | 020 8356 2929 |
| Family Action 501-505 Kingsland Road, E8 4AU | 020 7254 6251 |

HEALTH SERVICES

Health services for you and your family.

Emergency treatment/hospital

For emergencies dial **999** or go to the Accident and Emergency department of your nearest hospital.

Homerton University Hospital - 24 hours

Homerton Row, E9 6SR - T. 020 8510 5555

Walk-in centres

If you are unable to contact your GP for advice about a minor health problem, you can go to a Walk-in clinic without an appointment. Many of the services are run by nurses with the support of a GP. Note that they don't do x-rays or make referrals.

Homerton University Hospital - Walk-in Centre

Homerton Row, E9 6SR - T. 020 8510 5555 / 5342

Monday to Friday 7am – 10pm, Saturday and Sunday 9am – 10pm

Liverpool Street NHS - Walk-in Centre

The Exchange Arcade, Bishopsgate, EC2M 3WA - T. 0845 8801242

Monday to Friday 7am – 7pm

Tollgate Lodge Primary Care NHS - Walk-in Centre

57 Stamford Hill, N16 5SR - T. 020 7689 3140

Monday to Friday 8am – 8pm, Saturday and Sunday 10am – 6pm

Health and wellbeing

Finding a doctor, dentist or pharmacy

If you are looking for a doctor, dentist or pharmacy in your area, you can call Find-A-Doctor on **020 7683 4610 / 4645** or email find-a-doctor@chpct.nhs.uk

NHS Direct - health advice by phone and on the internet

For information about health problems and how to look after yourself call **0845 4647** or visit www.nhsdirect.nhs.uk

NHS City & Hackney

Local information on improving your health and wellbeing visit

www.cityandhackney.nhs.uk

Children Under 5

Contact your strategic children's centre (see page 6) if your child aged 0 to 5 needs help with their:

- Speech and communication skills.
- Eating or your breastfeeding. Or if you or your young children are having a difficult time coping in any other way. They may be able to help you.

Routine vaccinations for all children

Ask your health visitor or GP if you are not sure about what vaccinations your child needs. Each vaccination is given as a single injection into the muscle of the thigh or upper arm.

| When to immunise | Diseases protected against |
|---------------------------------|--|
| 2 months old | Diphtheria, tetanus, whooping cough, polio and <i>Haemophilus influenzae</i> type b (Hib), Pneumococcal infection. |
| 3 months old | Diphtheria, tetanus, whooping cough, polio and <i>Haemophilus influenzae</i> type b (Hib) Meningitis C |
| 4 months old | Diphtheria, tetanus, whooping cough, polio and <i>Haemophilus influenzae</i> type b (Hib), Meningitis C, Pneumococcal infection. |
| Around 12 months | <i>Haemophilus influenzae</i> type b (Hib), and Meningitis C |
| Around 13 months | Measles, mumps and rubella (German measles) = MMR Pneumococcal infection |
| 3 years 4 months to 5 years old | Diphtheria, tetanus, whooping cough and polio. Measles, mumps and rubella = MMR |
| Around 12-13 years | Cervical cancer (HPV) vaccine, which protects against cervical cancer (girls only). |
| 13 to 18 years old | Tetanus, diphtheria and polio |

Dental care for babies and children

For dental information for children and their parents, visit
www.nhs.uk/Conditions/Dental-care-for-babies-and-children

BLACK AND MINORITY ETHNIC COMMUNITY GROUPS

See the Hackney Directory at www.hackney.gov.uk/directory if you have access to the internet.

| | |
|--|--|
| Alevi Cultural Centre and Cem-evi (Community centre for Turkish and Kurdish Alevi Muslims) | 89 Ridley Road, E8 2NH T. 020 7241 6950/6285 |
| Beis Chana Jewish Women's Centre | 19 Northfield Road, N16 5RL. T. 020 8809 6508 beischana@lubavitchuk.com |
| BINOH (Jewish children with special needs) | Norwood Community Centre 85B Lordship, N16 0QY T. 020 8800 2777 |
| Black Women's Health and Family Support | 1st Floor, 82 Russia Lane, E2 9LU T. 020 8980 3503, bwahfs@btconnect.com |
| Caribbean Community Centre | 416 Seven Sisters Road, N4 2LX T. 020 8802 0550 caribbeancentre@yahoo.com |
| Central Africa's Rights and AIDS (Cara) Society | 18-22 Ashwin Street, E8 3DL T. 0844 478 0015 |
| Claudia Jones Organisation (support for Afro Caribbean women and their families) | 103 Stoke Newington Road, N16 8BX T. 020 7241 1646, claudiajonesorg@googlemail.com |
| Day Mer Turkish and Kurdish Community Centre | Former Library, Howard Road, N16 8PU T. 020 7275 8440, info@daymer.org |
| DERMAN (for the well-being of Kurdish and Turkish communities) | The Basement, 66 New North Road N1 6TG, T. 020 7613 5944 services@derman.org.uk |

| | |
|--|---|
| Hackney Asian Women's Aid | P O Box 1558, N16 5JJ, T. 020 8800 7263 |
| Hackney Bangladeshi Cultural Association | 187 Well Street, E9 6QU Email: hbca@btconnect.com T. 020 8985 8087 |
| Hackney Chinese Community Centre Hackney Chinese Community Services | 28-32 Ellingfort Road, E8 3PA T. 020 8986 6171 hccshackney@hotmail.com |
| Hackney Muslim Women's Council | 101 Clapton Common, E5 9AB T. 020 8809 0993 maytimeplaygroup@googlemail.com |
| Halkevi (community support for the Kurdish and Turkish community) | 56 Downham Road, N1 5AH T. 020 7249 6980 |
| Ihsan Children's Centre (North London Muslim Community Centre) | 66-68 Cazenove Road, N16 6AA |
| Latin American Women's Aid | The Print House, 10-16 Ashwin St, E8 3DL 020 7275 0321, info@awadv.org.uk |
| London Irish Women's Centre | 59 Stoke Newington Church Street, N16 0AR, T. 020 7249 7318, info@liwc.co.uk |
| Step by Step supports Orthodox Jewish disabled children and young people and their families | c/o Tyssen School, Oldhill St, London, N16 0QA, T. 020 8806 4130 ext 58/9 |
| Turkish Education Group | 2 Newington Green Road, N1 4RX T. 020 7226 8647, info@teg-london.org.uk |
| Uganda Refugee Welfare Association | 19 Eastdown House, Amhurst Road E8 2AT T. 020 7275 8782 |
| Vietnamese Mental Health Services | c/o Hackney & City MIND 8-10 Tudor Road, E9 7SN T. 020 8985 4239 |
| VLC Community Centre for Refugees from Vietnam, Laos and Cambodia | 151 Whiston Road, E2 8BN T. 020 7739 3650 viccentre@yahoo.co.uk |

USEFUL WEBSITES AND HELPLINES FOR PARENTS

| | |
|--|--|
| <p>ACE The Advisory Centre for Education offers free, independent advice to families on all aspects of state-funded education for school children. They provide information and guidance on a full range of education issues, such as school exclusions, admissions and appeals, bullying and complaints.</p> | <p>www.ace-ed.org.uk FREE 0808 800 5793 Monday to Friday 10am to 5pm</p> |
| <p>Contact a Family Contact a Family is the only UK-wide charity providing advice, information and support to the parents of all disabled children, no matter what their disability or health condition. They also put parents in contact with other families.</p> | <p>www.cafamily.org.uk FREE 0808 808 3555 Monday to Friday 9.30am to 5pm</p> |
| <p>Dad's Space Dad's Space is a social networking website for fathers who are separated from their children. It helps them build and improve their relationship with their child by staying in contact and interacting online.</p> | <p>www.dads-space.com</p> |
| <p>Family Lives Family Lives is the biggest independent provider of parenting support in the country. They understand that family life can be challenging and difficult and they offer parent-to-parent support to work through problems and find practical solutions. They are there for all parents, 24 hours a day, 365 days a year. They can be reached through their free, confidential helpline, website and email support.</p> | <p>www.familylives.org.uk FREE 0808 800 2222 24 hours a day, 365 days a year</p> |
| <p>Family Rights Group Family Rights Group provides specialist advice to families who are raising children involved with, or who need, social care services. They promote policies and practices that help children to live safely and securely within their families.</p> | <p>www.frg.org.uk FREE 0808 801 0366 10am – 3.30pm</p> |

Hackney Council

You can contact the council by phone or on their website. The Community Directory is a searchable online directory of local services.

020 8356 3000
For a list of services in Hackney
www.hackney.gov.uk/directory

Netmums.com

The Netmums social network is the biggest source of support and advice for mums in the UK. It is based locally, and connects parents with each other and with services within their local area. They work in partnership with the Community Practitioners' and Health Visitors' Association (part of Unite).

www.netmums.com

One parent families – Gingerbread

One parent families - Gingerbread is a national centre of expertise on lone parent family life. They provide a range of services, including the Lone Parent Helpline, membership schemes, resources for professionals and campaigning work. They also run learning, training and employability programmes.

www.gingerbread.org.uk
FREE 0808 802 0925
Monday, Tuesday,
Thursday, Friday:
10am to 4pm
Wednesday:
10am to 1pm, 5pm to 8pm

Relate

Relate is the UK's largest provider of relationship counselling, offering workshops, mediation, consultations and support face-to-face, by phone and online. Their main aim is to strengthen and maintain family relationships. They work with schools and in Sure Start and Children's Centres.

www.relate.org.uk
T. 0300 100 1234

SPAN

Single Parent Action Network (SPAN) is a nationwide network of one parent families and organisations representing many different backgrounds and cultures. They aim to empower families living in poverty and isolation, to improve their lives and life chances.

www.singleparents.org.uk

The Children's Legal Centre

The Children's Legal Centre leads the field in legal representation for children. As well as their advice line, they offer legal advice and undertake casework in education, child and family law. They also provide consultancy and training services, and publish legal guides.

www.childrenslegalcentre.com
08088 020 008
Monday to Friday:
9am – 5pm

Thecoupleconnection.net

A positive relationship between parents is key to improving outcomes for children. This self-help website provides information and resources to parents who want to change their relationship for the better.

[http://
thecoupleconnection.net](http://thecoupleconnection.net)

Young Minds

Young Minds is the UK's only national charity committed to improving the mental health and emotional wellbeing of all children and young people. They promote children's good mental health by providing advice for families, training for front-line practitioners and by campaigning.

www.youngminds.org.uk
0808 802 5544
Monday to Friday:
9.30am to 4pm

Updated October 2011

This directory is produced by Hackney Family Information Service, The Learning Trust. We provide information on services for children, young people and their parents living in Hackney.

You can download the most recent version of this booklet on our website at www.learningtrust.co.uk/fis

You can contact us at:

Hackney Family Information Service
The Learning Trust
Hackney Technology & Learning Centre
1 Reading Lane, London E8 1GQ

T. 020 8820 7590

The information in this booklet was accurate to the best of our knowledge at time of print. Please contact the services and the organisations in this booklet for further details and to check what is being offered.

If you would like a larger print version of this booklet please phone us on 020 8820 7590.

Hackney Children's Centres

The place for families with children under five

Full and part-time daycare ■ drop-in play sessions ■
child health services ■ antenatal classes ■
childminders ■ dads' groups ■ parenting advice ■
job search information and more...

Contact your local children's centre for childcare, health and education services, family support and free fun activities.

020 8820 7590

www.learningtrust.co.uk/childrenscentres



the learning trust
the future for education in Hackney

SureStart

Hackney Children's Centres

Working together to improve the lives
of children and young people

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