An exciting one day event available for all practitioners working with young children and families in Hackney.

Tuesday 21 February 2017
8.45am – 4pm
The Tomlinson Centre
Queensbridge Road,
London E8 3ND
For more information call us on 020 8820 7568

hearts and minds: children’s emotional well-being
WELCOME TO THE EARLY YEARS CONFERENCE 2017

Personal, Social and Emotional Development (PSED) is a prime area in the Early Years Foundation Stage (EYFS) as it has such an impact on all future relationships and the ways in which children integrate well into their community.

AIMS

Our Early Years conference aims to support practitioners to understand children’s social and emotional well-being and enhance their capacity to learn effectively and manage their feelings.

There will be workshops in which will help you to understand the links between emotional well-being and language development, working with parents, mindfulness and the role of storytelling in promoting children’s resilience.

Practitioners will learn ways to minimise stress on the staff team so they are able to manage children’s emotional communication and understand their behaviour.

WHO SHOULD ATTEND?

All Early Years Practitioners working in Hackney’s Private, Voluntary, Independent Nurseries & Playgroups and Schools.

KEYNOTE SPEAKERS

Julia Manning-Morton

Julia is an independent consultant and group facilitator for ‘Key Times Professional Development’. Her career in the early childhood field spans 40 years and diverse roles as a practitioner, manager, adviser and inspector and also as a lecturer in Early Childhood Studies.

Julia’s training, research and writing is focused on practice and provision that meets the needs of children from birth to three years old and on the personal, social and emotional well-being of children and practitioners.

Julia’s most recent publications are:

• Two-year-olds in Early Years Settings, Journeys of Discovery with Maggie Thorp: OUP (2015)
• Exploring Well-being in the Early Years: OUP (2014)

Ann O’Connor

Ann is an experienced, freelance early years trainer and writer with over 20 years of teaching and leadership in nursery, infant and primary schools. Previously an Associate Tutor at the Institute of Education (London University) and the University of Cumbria, she is a longstanding Associate Trainer with Early Education and an independent education consultant offering consultation and training on a wide range of aspects of early years pedagogy including attachment and wellbeing, transitions, and equalities and diversity.

As co-founder of Primed for Life Training Associates, she is passionate about the importance of the Prime areas and physical development in particular. As an experienced adoptive parent, Anne also provides support for schools and settings working with adoptive families and children in care.

Anne is a regular contributor to Nursery World writing on a range of topics and her publications include:

• Understanding Transitions in the Early Years: Supporting change through attachment and resilience ( Routledge 2013 second edition in press)
• Understanding Physical Development: Linking bodies and minds (co-author Routledge 2016)

She is currently working on publications focusing on attachment and relationship in early years provision.

Katrine Horsley

Professional trainer, storyteller and consultant Katrice Horsley, uses story as a springboard to work with people, groups and organisations. As a result of over 25 years in the business of narrative and consultancy she has developed ‘Narrative for Change’ a training programme that fully uses the potential of story in a range of organisations and situations. The Programme covers aspects of Clean Language, Mind Sets, neuroscience, ACE’s (Adverse Childhood Experiences) and all of her expertise in story and working within groups. If you want to effect a change then narrative is the way forward.
WORKSHOP 1

The emotional well-being of practitioners
Julia Manning-Morton
This workshop is based on the idea that the well-being of babies and young children cannot be separated from the well-being of the adults who care for them. In the workshop we will spend time thinking about how working with young children affects our feelings and behaviours and look at practices that might enable you to maintain the responsiveness and closeness that children need within a professional approach.

WORKSHOP 2

Body language: movement and well-being
Ann O’Connor
This workshop will explore the key links between children’s physical and emotional development, with a particular focus on the role played by developmental movement play in children’s emotional well-being.

WORKSHOP 3

Delay in language: impact of emotional well-being and relationships
Speech and Language Therapist Team
Children who find speech and language difficult often find life difficult. Poor language skills undermine confidence, impact on learning, and affect children’s ability to relate to other people. In the long-term this can lead to behaviour difficulties and poor mental health. We look at some of the reasons for this and what we can do to help in the early years.

WORKSHOP 4

An introduction to mindfulness
Bernadette Carelse
Mindfulness is an awareness that arises from opening up to and turning towards moment-by-moment experiences in an open-hearted, kindly, non-judgmental way.

WORKSHOP 5

An introduction to the Solihull Approach
Dionne Collins and Penelope Rodrigues
The Solihull Approach promotes emotional health and well-being in children and families. The model supports practitioners to work with children and families to understand their child. Our workshop will use theoretical model in a practical way to enable practitioners to understand that children’s behaviour is a clear communication of their thoughts and feelings. By tuning into these communications practitioners and parents can learn more about how to manage the big challenges we are presented within our work such as tantrums, biting, sleep problems, feeding and separating from parents.

WORKSHOP 6

Story telling: a practical approach to support emotional development
Katrice Horsley
This workshop will offer a range of practical, hands-on exercises and techniques that practitioners can use within their settings. These will stimulate language, help with sequencing and enable children and parents to start to create and narrate stories in a variety of different ways.

CONFERENCE PROGRAMME

08.45 Registration, tea, coffee
09.30 Welcome and introduction
   Angela Scattergood (Chair)
09.45 Thinking about Feelings: The importance of meeting children’s emotional needs
   Julia Manning Morton
10.30 Rethinking Approaches to behaviour: Responding not reacting
   Ann O’Connor
11.15 Refreshment and exhibition viewing time
11.40 ‘Narrative and Emotional Resilience in Young Children’
   Katrice Horsley
12.25 Q&A
   Julia Manning-Morton, Ann O’Connor and Katrice Horsley
12.35 Lunch
13.50 Workshops (First choice)
14.50 Workshop (Second choice including evaluation)
16.00 Close

EXHIBITORS

Eduzone, Practical Pre-School, Sense Toys, Cosy, FIS, and Letterbox Library

HOW TO BOOK

Please note: There will be a nominal fee of £40 only per delegate to contribute towards the cost of the conference.

To book a place please complete the booking form and return it by Tuesday 7 February 2017 via:

Email: Angela.Chigbo@learningtrust.co.uk
Post: Angela Chigbo, the Tomlinson Centre, Queensbridge Road, London E8 3ND