

# Cluster F- Babies – 0 to 18 Months Activities Timetable April - June 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Ann Tayler CC</b>  <u>Steps into Music</u>                      0-2 years 10:00–10:45am</p> <p><u>Postnatal Clinic</u> (By Appointment only)                      9:30 – 12:30pm</p>	<p><b>Ann Tayler CC</b>  <u>Rollers and Crawlers Drop-In</u>                      0-1 years: 10:00-11:30am</p> <p><u>Tiny Toes Drop-In with breastfeeding support</u>                      0-6 months 1:30-3:00pm</p>	<p><b>Ann Tayler CC</b>  <u>Play Drop-In</u>                      0-2 years: 10:00-11:45am</p> <p><u>Postnatal Clinic</u> (By Appointment only)                      9:00 – 5:00pm</p>	<p><b>Ann Tayler CC</b>  <u>Child Health Clinic Drop-In</u>                      9:30-11:00am                      2nd &amp; 4th Thursday</p> <p><u>Babies First Tastes</u>                      1:30-3:30pm                      3<sup>rd</sup> Thursday of the month</p>	<p><b>Ann Tayler CC</b>  <u>Postnatal Clinic</u>                      (By Appointment only)                      9:30 – 1:00pm</p>
<p><b>Mapledene CC</b>  <u>Messy Play</u>                       0-5 years: 9:00am – 11:30am</p> <p><b>Mapledene CC</b>  <u>Baby massage 0 – pre crawling</u>   2.30pm – 3.30pm</p> <p><b>Morningside CC</b>  <u>Art With Alison for under 5's</u>                      1:00 – 3:00pm</p>	<p><b>Mapledene CC</b>   <u>Stay &amp; Play with sing &amp; sign</u>                      0 – 5 years                      9:00am – 11:30pm</p> <p><b>Mapledene CC</b>   <u>Music and Movement</u>                      0 – 30 months                      1.00pm - 1.45pm</p> <p><b>Morningside CC</b>  <u>Health Checks</u>                      (8 month old)                      1<sup>st</sup> Tuesday of every month                      2:00 – 4:00pm</p>	<p><b>Mapledene CC</b>  <u>Little Cooks</u>                       0-5 years                      9:00am – 11:30am</p> <p><b>Morningside CC</b>  <u>Active Stay and Play for under 5's</u>                      1:00 – 3:00pm</p>	<p><b>Mapledene CC</b>  <u>Under 18 months drop-in</u>                       9:00 – 11:30am</p>	<p><b>Mapledene CC</b>  <u>Stay &amp; Play with bouncy castle</u>                       0-5 years                      9:00am – 11:30am</p> <p><b>Morningside CC</b>  <u>Busy Babies (under 18 months)</u>                      1:00 – 3:00pm</p>

[www.learningtrust.co.uk/childrens\\_centres](http://www.learningtrust.co.uk/childrens_centres)

# Babies – 0 to 18 Months

Free activities and support for Hackney families with a child aged 0 to 18 months.

## At Hackney Children's Centres you can:

- Relax and enhance the crucial bond with your baby at a baby massage session
- Find out about giving your baby their first foods
- Receive information to keep your baby healthy
- Check that your baby has had all the immunisations they need
- Get support with breastfeeding
- Get support with sleep routines
- Make new friends for you and your baby

Check out the attached timetable. Please note that not all sessions take place in the Children's Centre.

Also speak to your local Children's Centre to claim a free First Aid course voucher (subject to availability)

