

Brook Children's Centre Activity Calendar September 2016 – July 2017

Venue	Mondays	Tuesdays	Wednesday	Thursday	Friday
<p>Brook @ Pembury Community Centre Ground Floor Atkins Square London E8 1HL</p> <p>T. 020 3828 3500</p> <p>Email: lindenchildrenscentre@learningtrust.co.uk</p>	<p>Antenatal* 8.30am-4.30pm</p> <p>First Steps* 9am-1pm</p> <p>Music and Movement (under 5's) 1pm-2.30pm</p> <p>ESOL* 1pm-3pm By appointment only</p>	<p>Messy Play (0-18 months) 9.30am-11am</p>	<p>Training and employment sessions Please contact the centre for further information</p> <p>Antenatal* 8.30am-4.30pm</p>	<p>Stay and Play Health Lifestyles 9.30am-11am</p> <p>Development Review Every 2nd Thursday of the month Starting 13 October 2016 9.30am-11am</p>	<p>First Steps* 9am-1pm</p> <p>Baby Club (Under 1 year old) 10am-12noon</p> <p>ESOL* 1pm-3pm By appointment</p>
<p>Childcare Roof Top @ Brook Brook Community Children's Centre Dalston Lane London E8 1AL T. 020 7249 2008</p>	<p>Childcare 8.00am-6.00pm</p>	<p>Childcare 8.00am-6.00pm</p>	<p>Childcare 8.00am-6.00pm</p> <p>Family Support Drop in* 9am-12noon</p>	<p>Childcare 8.00am-6.00pm</p>	<p>Childcare 8.00am-6.00pm</p>

Venue	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>Linden Children's Centre</p> <p>86-92 Rectory Road, N16 7SH T. 020 7254 9939</p>	<p>Postnatal Community Clinic* 9.30am–12.30pm</p> <p>Breastfeeding Drop-in 10.30am–12.30pm</p> <p>New Beginnings* 11am–1pm 9 January, 13 February, 13 March, 10 April, 8 May, 12 June, 10 July, 12 September, 24 October 21 November and 5 December</p> <p>Messy Play 1pm–3pm A play session for children Under 5 years</p> <p>Ways in to Work* 2pm–4.30pm Call the centre to book your appointment.</p>	<p>Community Baby Clinic 9.30am–11am (Drop-in) Every fortnight on a Tuesday starting 6 September</p> <p>First Steps* 9.30am–3pm Clinical Psychologists to help children with emotional and behavioural difficulties. Call 020 7683 4611.</p> <p>Stay and Play 9.30am–10.30am and 10.45am–12noon</p> <p>One Housing Advice Drop-in* 10am–12noon Fortnightly session. Call the centre to book your appointment.</p> <p>Henry 9.30am–12noon 4 October – 29 November 2016. Eight weeks, healthy eating programme. Free Crèche</p> <p>ESOL* 1pm–3pm By appointment only</p> <p>Young Parents Group 1pm–3pm weekly/term time</p> <p>German Parent and Child Group 3.15pm–5.15pm First Tuesday of the month.</p>	<p>Antenatal Clinic* 8.15am–5.15pm</p> <p>Talking Walk-in 9.30am–11am 21 September 2016, then every 3rd Wednesday of the month.</p> <p>Baby Club 10am–12pm Play session for children under 1 year.</p> 	<p>Antenatal Clinic* 8.15am–5.15pm</p> <p>Dietician Clinic* 9am–5pm Call 020 7683 4267 to book an appointment.</p> <p>First Steps* 9.30am–12pm</p> <p>Childminders Drop-in 10am–12pm Term time only.</p> <p>ESOL Drop-in 1pm–2pm Term time only. To assess your level of English and discuss English classes in Hackney.</p> <p>Music and Movement 1pm–2.30pm A drop-in play session for children under 5 years.</p> <p>Sensory Play* 10am–12noon and 1pm–3pm Term time only. A targeted group for children with additional needs. Please call the centre for more information or to book appointment.</p>	<p>Antenatal Clinic* 8.15am–5.15pm</p> <p>Postnatal Community Clinic* 9.30am–12.30pm</p> <p>Citizen Advice Bureau (CAB)* 10am–1pm (Please call Linden CC to book an appointment)</p> <p>Toy Library and Healthy Cooking 10am–12pm A play session with the opportunity to borrow toys.</p> <p>ESOL* 1pm–3pm By appointment only.</p>
<p>Brook @ Pembury Community Centre</p> <p>Ground Floor, Atkins Square, London E8 1HL T. 020 3828 3500</p>	<p>First Steps* 9am–1pm</p> <p>Music and Movement (under 5's) 1pm–2.30pm</p> <p>ESOL* 1pm–3pm By appointment only</p>	<p>Messy Play (0-18 months) 9.30am–11am</p> 	<p>Training and employment sessions Please contact the centre for further information</p> <p>Family Support Drop-in* 9am–12noon Venue: Brook Children's Centre</p>	<p>Stay and Play Health Lifestyles 9.30am–11am</p> <p>Antenatal and Postnatal Clinic 9am–1pm</p>	<p>First Steps* 9am–1pm</p> <p>Baby Club (Under 1 year old) 10am–12noon</p> <p>ESOL* 1pm–3pm By appointment only</p> <p>Antenatal and Postnatal Clinic 1pm–4pm</p>
<p>Comberton Children's Centre</p> <p>10 Comberton Road, E5 9PU T. 020 8806 0680</p>	<p>Childminder Drop In 10am–12pm</p> <p>Tumble Tots 1.30pm–3pm For 6–24 months</p> <p>Soft play session for children aged 6 months – 2 years. Weekly.</p> 	<p>8/27 Months Health Reviews* 10am–12noon By appointment only. Please call Nightingale Clinic on 0207 683 4548. First Tuesday of each month.</p> <p>Stay and Play/Messy Movers (For 0–18 months) 9.30pm–11am 2nd, 3rd and 4th Tuesday of each month. Activities supporting children's development.</p> <p>Stay & Play/Physical and Healthy Living (For 0–4yrs old) 1.30pm–3pm Activities supporting children's development, weekly drop in session.</p>	<p>ESOL* 9.30am–11.30am By appointment only</p> <p>Music and Movement 1.30pm–3pm Fun and energetic music and movement session for 1–4 years, run by Hackney Play Bus. Weekly.</p> 	<p>Family Support* – By Appointment only. Supporting families who need support with any issues that are affecting their wellbeing. *Family Support is available by appointment only.</p> <p>Safeguarding and Child Protection Training for Parents. 9.30am–12.30pm 22 September–17 November 2016. (Term time only) FREE crèche.</p> <p>Henry 10am–12.30pm 4 May – 29 June 2017. An eight week healthy eating programme. Free crèche.</p> <p>Citizen Advice Bureau (CAB)* 10am–1pm Appointment only. Call the office to make an appointment.</p> <p>Toy Library 1.30pm–3pm Weekly</p>	<p>ESOL* 9.30am–11.30am By appointment only.</p> <p>Rhyme Time/Stay and Play (For 0–4 years) 1.30pm–3pm Songs and rhymes group which develops early communication and language skills. Session also incorporates play.</p> 

* Indicates you need enrolment, a referral or an appointment – call the centre for information.

For 'drop-in' sessions just turn up during the time indicated, no appointment needed.