

# Daubene Children's Centre Autumn Timetable From 5th September to 20th October 2017

## Monday

- 9.30-11.30am 0-5 STAY & PLAY with My Journey Books (Starts 11th Sept)
- 1.30-2.15pm MUSIC with CORIN DROP IN for non-walkers only
- 2.15- 3.00pm MUSIC with CORIN DROP IN for under 5
- 1-3.30pm JOB CLUB (Starts 11th September)
- 10.00-12pm FIRST AID COURSE ON 25TH SEPT. Book at reception

## Tuesday

- ★ 9.30am-12pm C.A.B.
- ★ 9.30-11.30am ESOL CLASS (Starts 18th September)
- ★ 9am-4.30pm TWO YEAR OLD CHILDCARE SESSION
- ★ 1-3pm ICT CLASS ENTRY 3 No crèche (Assessment 12th Sept, starts 19th Sep)



To use our services you must have a child under 5 years of age.  
You will also be required to register with the centre.

## Wednesday

- 9.30-11.30am ART & CRAFT SESSION (except 1st Wednesday of the month)
- 9.30-11am TALKING WALK-IN Speech & Language Drop-In (on 1st Wednesday of the month only)
- 1.30-3.30pm HEALTH CLINIC



Family Learning topics to be confirmed in September. Please look out for more information.

## Thursday

- ★ 9.30-11.30am ESOL CLASS
- 10am-1pm ONE HOUSING DROP-IN Every 2weeks
- 1-3pm ICT CLASS ENTRY 3 No crèche
- ★ 9am-4.30pm TWO YEAR OLD CHILDCARE SESSION

Don't forget to 'like' Daubene Children's Centre on FACEBOOK and check our page for information on future events



## Friday

- 10-11am WIGGLERS & JIGGLERS Under 1s group
- 9.30-12.30pm FAMILY SUPPORT SURGERY with Donna (last Friday of the month)
- 9.30am-1pm WOMEN'S TRUST COUNSELLING SESSIONS
- 10am-12pm ADULT YOGA CLASS (Starts 8th September)

▲ Invitation only     Drop In Session     Booking Essential    ★ Enrolled Students Only

To book a course or session please call 0208 525 7040 or come and see us at DAUBENEY CHILDREN'S CENTRE,  
103 DAUBENEY ROAD, HACKNEY. E5 0EG or email [childrenscentre@daubenehackney.sch.uk](mailto:childrenscentre@daubenehackney.sch.uk)

#### Health Services

Dietary and nutritional advice is available for children who may be fussy eaters or have other issues with food and eating. Health clinics also provide 27 month developmental checks and immunisations.

#### Speech and Language Therapy

The Speech and Language Therapy Service is for parents who have children under 5, and may need advice and help on speech development. They hold a Speech and Language Therapy "Talking Walk-in" session once a month at Daubeney Children's Centre.

#### Midwifery Service

Targeted Antenatal session running at Daubeney Children's Centre, booking only. Breast Feeding support runs once a week. Postnatal clinics are run in Lower Clapton Health Centre

#### First Steps: Early Intervention and Community Child Psychology Service.

When a child or young person is having difficulties with behaviour, emotions or relationships it can be hard for the whole family. We offer support which includes sleeping problems, tantrums, fussy eating, aggressive behaviour, toilet training, etc.

#### Volunteering

This is for people who want practical work experience. We can give practical help such as preparing for interviews and completing application forms. Parents get training and support when they're on the programme.

#### Family Support

Parents can get advocacy support with issues such as housing, legal matters, immigration and general children and family issues. There is one-to-one support for families and also group work. The Family Support Service facilitates courses for parents such as the Strengthening Families, Strengthening Communities Programme, which looks at positive parenting and Speakeasy, which is about discussing relationships with children.

There is a referral route through the Children's Centre for this service.

#### Housing Drop In

Advice and help on all housing issues, including repairs and arrears. This service will also assist you with bidding for property.

#### CAB

CAB (Citizen's Advice Bureau) advice and help on Child Tax Credit, Working Tax Credit, Housing Benefit, Council Tax Benefit, Income Support, immigration, housing and debt management.

#### Music

Come along and enjoy our fabulous music sessions with Corin, our children's centre music teacher. Guaranteed to get you moving!

#### English for Speakers of Other Languages (ESOL) - 36 weeks

If you are a parent and English is not your main language, this course will help you to learn English in a friendly environment.

#### Stay & Play/Drop-In Sessions

These sessions are for parents, carers and children. Each Stay & Play session targets specific age groups. Come along and have some fun with your children. Learn activities that you can use at home. Watch your child develop and make new friends. Make a My Journey Book to record your child's development.

#### Wigglers & Jigglers Under 1s Group

Come and meet other families with under 1s and discuss development, socialise and do fun activities with your baby. Make a My Journey Book to record your baby's development.

#### Two Year Old Childcare Sessions

Is your two year old eligible for a free childcare place? If so come and speak to us about enrolling them at Daubeney for 15 hours per week. We are offering daily play and learning sessions to prepare them for nursery and to support social skills. Not sure if you are eligible? Ask our reception staff for a leaflet to find out more.

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