















Monday	Tuesday	Wednesday	Thursday	Friday	Evaluations
<p>9.30am-11.30am <b>Childminder's Drop In</b></p>  <p>Welcome</p> <p>1.00pm-3.00pm  <b>Functional English Skills Entry Level 3</b> Course starts 18th September</p>	<p>9.00am-11.30am <b>Happy at Home/ My Journey Folder Stay &amp; Play</b></p>  <p>9.30am-11.30am <b>ICT Level 1</b> <b>Enrolment 12/9/17</b> Course starts 19th September</p>  <p>9.30am-12.00pm <b>Family Support Surgery</b> 2nd and 4th week of the month</p>	<p>8.30am-4.00pm <b>Antenatal Clinic</b></p>  <p>9.30am-11.00am <b>PEEP 0-12 Months Stay &amp; Play</b></p> <p>9.00-11.00 am <b>Book Start reading programme</b></p> <p>10.30am-11.00am <b>Tummy Time</b> 25th October ONLY</p>	<p>9.30am-11.30am <b>ICT level 1</b></p>  <p>9.00am-11.30am <b>HENRY</b> Starts 5th October</p>  <p>1.00pm-3.00pm  <b>Functional English Skills Entry Level 3</b></p> <p>3.30pm-4.45pm <b>Stay &amp; Play</b> Siblings up to 8 years welcome <b>with your under 5 year old. Term time only.</b></p> 	<p>9.00am-11.30am <b>Active Stay 'n' Play</b></p>  <p>9.30am-11.00am <b>Babies First Tastes</b> 8th September 13th October 10th November 8th December</p>  <p>10.30am-11.30am <b>Baby Massage</b> Starts 22nd September for 5 weeks</p>  <p>10.30am-11.30am <b>Baby Yoga</b> Starts 3rd November for 5 weeks</p>	<h2>Evaluations</h2> <p>Have you attended more than two services in Cluster D? If you have, we would love to know your views and ideas. Please see any member of staff to book an evaluation session. <b>Remember... your views help shape our service!</b></p> <h3>Upcoming Evening Classes 5pm—7pm</h3> <p><b>Maths for CHILDCARE &amp; ICT for CHILDCARE</b></p> <p>Register your interest, crèche available for under 8's. Courses start <b>January 2018</b></p>



## Two Year Old Childcare

We are currently providing 15 hours of free childcare for two year olds.  
To check for spaces and eligibility, please visit: [www.learningtrust.co.uk](http://www.learningtrust.co.uk) or call or visit the Children's Centre.  
Our Childcare runs from **12.30pm-3.30pm Monday– Friday**. If you are not eligible for free childcare, we also have a very limited number of spaces for those who wish to pay.

**Our Vision**  
We will provide a safe and welcoming environment that is supportive and inclusive to engage local families.  
We want to encourage and support the developmental potential in **all** minds.

**Our Values**  
Valuing Diversity  
Making a Positive Difference  
Creating Opportunities

**All of our sessions are FREE for Hackney residents!**

*Please turn over for more information.*

## About our activities

TO USE OUR SERVICES YOU *MUST* HAVE A CHILD **UNDER 5 YEARS OF AGE AND BE A HACKNEY RESIDENT**. You will also be asked to register.

*Please note this timetable is subject to change.*

To book an appointment, to ask for further information or to book a place on a workshop please contact us:-

**Children's Centre at Gainsborough, Berkshire Road, E9 5ND**

(t) **020 8525 9020** e) **childrenscentre@gainsborough.hackney.sch.uk**

### Have you picked up your FREE Bookstart pack yet?



Bookstart offers the gift of free books to all children at two key ages before they start school to inspire a love of reading that will give children a flying start in life and to help families enjoy reading together every day.



**To claim your free pack, simply bring your child's red book in to the Children's Centre during one of our Stay & Play sessions!**

**Antenatal Clinic** Appointments booked by midwife for check-ups and support/advice before you've had your baby.

**Family Support Surgery** Book an appointment with our Family Support Practitioner for practical and emotional support dealing with all family matters.

**Book Start** A four week course delivered in your own home to promote communication and positive interaction between parent and child to support development of early language, to highlight the importance of sharing stories, books and rhymes, and much, much more.

**Baby's First Taste** Come along and meet the Children's Centre dietitian to talk about what the best first foods are for your baby.

**Baby Massage** A **FREE** 5 week course for babies over 4 weeks of age aims to promote parent-baby bonding in a calm and supportive environment.

**Baby Yoga** A **FREE** five week course for children under 12 months old and their parents a natural follow on for those families who have done our baby massage course.

**Functional English Skills Entry level 3 course** A course to improve your English.

**HENRY** A 12 week course where you look at how you balance looking after yourself at same time as looking after your child. How why and what we eat, how to encourage a healthy balanced diet. Plus ideas on to get your child off the computer and doing other things. Come along for this and much more!

**ICT L1 course** An 18 week course where you will learn word processing using MS Word, spread sheets using MS Excel and presentations using PowerPoint. You must attend both days each week.

**Active Stay and Play** Come and play in a safe and stimulating environment. A chance to meet and share whilst doing fun physical activities.

**Childminders Drop-in** For registered child-minder's and children in their care ONLY. Parents/carers looking for a child-minder may be invited.

**Happy at Home/ My Journey Folder** Stay 'n' Play for under 5's and their parent/carers; dance and movement, cooking and eating or physical activity workshops. In 'My Journey Folder' you record your child's progress and development for safe keeping. Or to share with their new nursery/setting.

**PEEP for 0-12 months** A group to give parents/carers the knowledge and understanding of how to engage with their children in their early months of life to support their learning and development through singing, talking and group discussions.

**Sing & Sign** This 6 week course will teach you and your child how to use Makaton signs and music to support your child's development and communication skills.

**Toy Library Stay and Play** Borrow toys whilst enjoying one of our stay and play sessions. Everyone with under 5s welcome!

**Tummy Time** Activities/ideas with the Children's Physiotherapist to help your child with their physical development.

**Wigglers & Jigglers** Drop-in session for parents/carers with their pre-crawling children. Meet other families, discuss development, socialise, do fun activities with your baby with singing time to round-off the session.

**Maths & ICT for Childcare**