



## Summer Term Programme

### 18th April - 19th July 2017

Free activities for children under  
5 years old and their families.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9:00-11:30am</b></p> <p>"Stay &amp; Play" Drop in</p>  <p>My Journey (Term time only)</p>	<p><b>9:15am-12:15pm</b></p> <p>"H.E.N.R.Y"</p> <p>Health, Exercise, Nutrition in the Really Young</p> <p>Start 16th May-11th July 2017 (Crèche available/term time only)</p>	<p><b>9:30am-12:00pm</b></p> <p>"Functional English" Level 2</p> <p>(Crèche available/term time only)</p> <p>11th Jan -July 2017</p>	<p><b>9:30am-12:00pm</b></p> <p>"Functional English" Level 1</p> <p>(Crèche available/term time only)</p> <p>Until July 2017</p>	<p><b>10:30am-12:30pm</b></p> <p>"Music &amp; Movements"</p> <p>(Area E*/term time only)</p> <p>18 months-5 years: 10:30-11:30am</p> <p>0-18 months: 11:40am-12:30pm</p>
<p><b>9:15am-10:15am</b></p> <p>"Keep fit"</p> <p>(Term time only) No crèche available</p>	<p><b>1:00pm-3:00pm</b></p>  <p>"Stay and Play" Drop in</p> <p>(Term time only)</p> <p>*** 16th May: Healthy Eating workshop</p>	<p>***</p> <p>Thursday 18th May 2017</p> <p><b>10:00am-12:00pm</b></p> <p>"Relaxation techniques"</p> <p>Workshop with Shoreditch Trust Crèche available, please book in advance</p>	<p>***</p> <p>Thursday 3rd June</p> <p><b>1:00-3:00pm</b></p> <p>"Weaning, Babies first food"</p> <p>Drop in, informative workshop with the Food Education Foundation</p>	<p><b>9:30am-3:00pm</b></p> <p>"First Steps"</p> <p>Psychologists, parenting support by appointment only.</p> <p>Please speak to a member of staff if you would like more information.</p>
<p><b>9:30am-3:00pm</b></p> <p>"First Steps"</p> <p>Psychologists, parenting support by appointment only.</p> <p>Please speak to a member of staff if you would like more information.</p>	<p><b>9:00am-12:00pm</b></p> <p>"Family Support Surgery"</p> <p>(Please book in advance or speak to a member of staff for referral to this service)</p>	<p>"Parent's Voices"</p> <p>Will deliver a few workshops on understanding the risks of youth culture on :</p> <p><b>14th June:</b></p> <p>Boundaries &amp; transitions</p> <p><b>21st June:</b> Exploitation of youth</p> <p><b>28th June:</b> Gangs &amp; Young people</p> <p>All workshops take place from 1:00-3:00pm</p> <p>Crèche available, please book in advance.</p>	<p>***</p> <p>Wednesday 7th June 2017</p> <p><b>10:00am-12:00pm</b></p> <p>"Stress Management workshop"</p> <p>by Shoreditch Trust</p> <p>Crèche available, please book in advance</p>	<p>If you and your family require any additional support please do not hesitate to contact/visit the centre and speak to a member of staff.</p> <p>You can email us on:</p> <p><a href="mailto:mguyard@thomasfairchild.hackney.sch.uk">mguyard@thomasfairchild.hackney.sch.uk</a></p> <p><a href="http://www.thomasfairchild.hackney.sch.uk">www.thomasfairchild.hackney.sch.uk</a></p>
<p>***</p> <p>We will have some Adult &amp; Family Learning activities coming up in June 2017. Dates TBC</p> <p>Adult cycling/ Candle Making / Family Pottery</p> <p>Please contact us for more info.</p>			<p><b>Thomas Fairchild Community School &amp; Children's Centre</b></p> <p><b>Forston Street , N1 7HA . Call us on 0207 253 9469 (option 2)</b></p>	





# Summer Term Programme

## 18th January — 21st July 2017

Free activities for children under 5 years old and their families.

Congratulations to staff member Shukri, who gave birth to a baby girl in January.

Whilst Shukri is away on maternity leave, Sayeda is covering her.

Sayeda is a local parent that has attended the Children's Centre as a parent and volunteer.

We also have Student/Parent Yocasta on placement with us, supporting in Stay & Play & crèche.

### Also available at the centre:

- Eligibility check and support in accessing 15 hour free childcare for 2 year olds
- Employment support
- Signposting to services such as Housing support, CAB.
- Advice on sleeping, crying or breastfeeding
- Volunteering support
- Dietician and Speech and Language Therapy

### Rose Voucher Scheme

Do you receive Healthy Start vouchers? Have a child under 2? If so, you may be eligible to Rose vouchers for fruits and vegetables under this pilot scheme. Please speak to a member of staff for more info.



## Stars of the term

Well Done to Bianca & her son Joshua who have great attendance to all sessions we offer. Bianca is always willing to help in our Stay & Play sessions and to support new families attending the centre, Thank you for all your help!



## ★ FANTASTIC NEWS!!!! ★

We recently had a Stay & Play Audit from Hackney Learning Trust and were awarded the highest grade of:

## ★ GREAT TO EXCELLENT! ★

We are so proud of the families and children we work with to provide a great environment to come to Stay & Play.

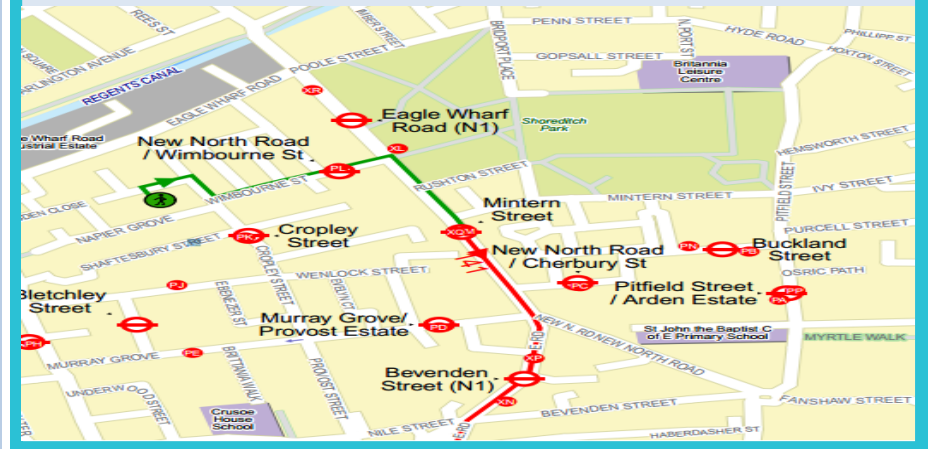
This grading lets us know we are working within the Stay & Play Framework standards set by HLT.

Well Done TFCC Team and to all the families who attend.

### How to find us:

Bus 76, 141, 394, 271.

*We are located inside Thomas Fairchild Primary school. You will need to come through the school entrance on Forston Street to access the Children's Centre.*



## Evaluations

Have you attended two or more services in Area E?

If so, your opinion matters to us! We would love to hear your views on the services we provide.

Also, if you have any ideas to share for the centre, please let us know or you can fill our comments wall in the centre hallway or in the comments book at the front of the Children's Centre reception!