Daubeney Children & Family Hub Timetable (Term time only) 15th April to 24th May 2024

Daubeney Children's Centre

Address: 103 Daubeney Road E5 0EG

Tel No: 0208 525 7040

Email: CFHUB@daubeney.hackney.sch.uk

Website: https://www.daubeney.hackney.sch.uk/childrens-centre

www.Facebook.com/DaubeneyChildrensCentre

Instagram @Daubeneycc



Monday

Eat Club 10.00am -12.00pm

Starting: 15th Apr 2024
Please book at reception or call 0208 525 7040
to secure your place.



Sing & Sign with Corin 1.00pm- 1.45pm

(0-5 Children) Starting:22nd April



Working for every child

Tuesday

Baby Group 10.30am-11.30am

23rd Apr & 30th Apr 2024

Wigglers & Jigglers Under Ones Group 10.30am-11.30am

7th May to 21st May 2024

Citizens Advice 10.00am -1.00pm

To book Call 0208 525 7040

Messy Stay & Play
1pm –3pm

Talking Walk in Speech Therapy

by appointment only 9.15am – 11am

on 1st Tuesday of the month only 7th May 2024 please call or email to book Call on 020 7683 4262 Email: huh-tr.sltinfo@nhs.net

Wednesday

Health Clinic

for booking call 020 7683 4151/4695



Infant Feeding Support Drop-In

1pm- 2.30pm.

No need to book

This provides the opportunity for parents with babies to receive support with breastfeeding, formula feeding or a mixture of both. There will be an Infant Feeding Specialist at each session offering support.



FREE Healthy Start

Vitamins for new mums, babies and children under 5 years old. Collection from DCC reception.



Scan our QR code to see our website!

Thursday

Baby Bells with Hartbeeps (For non crawling age children) 1pm - 1.45pm

Starting: 25th April 2024

No session on 23rd May

Awakening baby's senses suitable from newborn to sitting -

Our lovely, gentle class, which focuses on bonding and confidence. We use elements of baby yoga, baby massage and calming techniques to guide little ones through our magical, imaginary Baby Land and help them to truly experience our soundtrack of remixed nursery rhymes and lullabies.





Friday

Daubeney Family Forum

Once a term
If you live in Well Street
Common & Hackney
Marshes area and would
like to talk about Daubeney Children & Family
Hub services and/or be
part of the forum,
please contact Nivedita
Samji on 077 6692 3838.

Our Journey Birth to Five

For more information on your child's learning, growing steps, breas feeding and more, visit https://education.hackney.gov.uk/content/your-childs-journey-birth-five

To use our free services you must be a Hackney resident and have a child under 5 years of age. You will also be required to register with the Children's Centre.

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Tuesday

Mini Movers with **Physiotherapist**

10.30-11.30am

On 28th May 2024 No need to book turn up on a day. First come first serve

ESOL Entry 1 1.15 to 3.15pm

Starting: 16th April 2024

MEA

Welcoming to our Centre 11 to 11.30am

Last Tuesday of each month 23rd April

Are you a First Time Parent?

Never visited Daubeney Children's Centre? lease come along and meet new parents and share experiences of being a new mum and

of Other Languages

Wednesday

Starting Solid workshop

1 to 3pm

15th May & 19th June 2024

What's in our Food

Understanding Food Labels

1 to 2.30pm

22nd May 2024

Fussy Eating Workshop

1 to 2.30pm

5th June 2024

Healthy Food Swaps

1 to 2.30pm

3rd July 2024

To book all the above workshops, call 0208 525 7040

(Parents can attend with children under 1 year old)



A £1.00 donation would be greatly appreciated.

Thursday

First Aid workshop 9.30 to 11.30am

25th April 2024

(Parents can attend with children under 1 year old) To book call on

0208 525 7040

Preparing for the support role in schools

Level 3 9.30 to 12pm

On 2nd May to 16th May To book call on 0208 525 7040

Baby Massage

Coming soon in June

Start date need to be confirmed

> International Association of Infant Massage

Hackney

Friday

Basic Computer course

Every Friday 9.30 to 12.30pm

To book call on 0208 525 7040



Cake Decoration Course (10 weeks)

1 to 3pm

26th Apr to 5th July To book call on 0208 525 7040

PEEP-Learning **Together Programme**

Coming soon in June

Start date need to be confirmed

ESOL Entry 1 1.15 to 3.15pm



Monday

Introduction to Level 2

Award Support Work

In Schools

(via zoom & Canvas)

9.15 to 11.45am

On 29th Apr, 13th May and

20th May 2024

To book call on

0208 525 7040

Sewing class /

Make & Do's

1 to 3pm

Start:22nd April 2024

To book call on

0208 525 7040

for 10 weeks

Scan our QR code to see our website!