

Children & Family Hubs

Hackney Downs & Clissold Park

Activity Timetable

Date: April - June 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Linden Children & Family Hub</p> <p>86–92 Rectory Road London N16 7SH T. 020 7254 9939</p> <p>We will be closed on Friday 29th March and Monday 1st April 2024</p>	<p>Welcome To The Centre 11am –12.30pm 2nd Monday of the month</p> <p>Stay & Play (12–24 months) 1pm –3pm</p> 	<p>Messy Play 0-5 Years 9.30am –11.30am</p> <p>Weigh & Play Drop In 9.30am –11am</p> <p>Music & Movement 0-5 Years 1pm –3pm</p>	 <p>Baby Club 0-12 months 9.30am –11am</p>	<p>Childminders Drop In 10am –12pm (Term time)</p> <p>Sensory Play 0-5 Years 1.30pm –3pm</p>	<p>Stay & Play/Healthy Eating 0 - 5 Years 9.30am –11.30am</p> <p>Storytime/Toy Library 0-5 Years 1pm –3pm</p> <p>NCT Breastfeeding & Infant Feeding Drop In 1pm –2.30pm</p> <p>Baby Massage 1.30pm –3pm Starting 17th May</p>

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<p>Comberton Children's Centre</p> <p>10 Comberton Road E5 9PU T. 020 8806 0680</p>	<p>Baby Club 0-12 months 1pm –3pm</p>		<p>Baby Massage 9.30am –11am Starting 8th May</p> <hr/> <p>Music & Movement 0-5 years 1pm –3pm</p>		<p>Sensory Session 0-5 Years 9.30am –11.30am</p> <hr/> <p>Outdoor Play 0-5 Years 1pm –3pm</p>
<p>Brook @ Pembury</p> <p>Pembury Community Centre Atkins Square E8 1HL T. 020 3828 3500</p>				<p>Baby Club 0–12 months 9.30am –11.30am</p> <hr/> <p>Stay & Play 0–5 years 1pm –3pm</p>	

Children & Family Hubs

Activities & Support

Childcare

For more information on childcare vacancies contact:

Linden Children & Family Hub
020 7254 9939

Comberton Children's Centre
020 8806 0680



You can also find out if you are eligible for **FREE** 15 hours childcare for 2 year olds and 30 hours childcare for 3 & 4 year olds. For more information go to: education.hackney.gov.uk/

Family Support

If you would like support with family life, finance issues, respite creche for your child or other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support Monday-Friday 9am - 5pm on: **020 7254 9939**.

Citizens Advice

For support, advice, information on wellbeing, welfare and benefits.

Every Friday 10am-1pm. To book an appointment please call **Linden Children & Family Hub** on **020 7254 9939**



HENRY Starting Solids

A 2 hour workshop for parents with children (0-12 months) moving from milk to solids.

Monday 15th April 10am -12pm
Tuesday 21st May 1pm -3pm
Monday 17th June 10am -12pm

at **Linden Children & Family Hub**



Parent Carer Forum

We're looking for diverse representatives to ensure our services reflect the needs of our entire community.

Get involved in our Parent Forum on Tuesday 7th May 2024 10am-12pm

Creche and light refreshments available.



Talking Walk-In Initial Assessment

If you are concerned about your child's speech, language or communication, you can attend a Talking Walk-In Initial Assessment.

Wednesday 17th April 9.30am - 11am
Wednesday 15th May 9.30am - 11am
Wednesday 19th June 9.30am - 11am

Contact hello@get-hackney-talking.local or call on **020 7683 4262** to book an appointment.

Healthy Start vitamins

FREE vitamins for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from **Linden Children & Family Hub** Reception Monday-Friday, 10am-5pm.



Preloved Children's Clothing

Drop in to **Linden Children & Family Hub** Monday - Friday or **Comberton Children's Centre** every Wednesday and help yourself to preloved children's clothing aged 0 - 5 years.



Food Swap

Come into **Linden Children & Family Hub** to donate food or take food items home with you.

Canned, non-perishable food and personal care items welcomed.



Adult Learning Courses and Training

- **ESOL**
Every Tuesday 10am - 3pm
 - **Basic IT Computer Course**
Every Wednesday and Friday 10am - 1pm
 - **NCFE Certificate in Introducing Caring for Children and Young People Level 2**
Every Friday 10am - 3pm
 - **NCFE CACHE Level 2 Award in Support Work in Schools and College**
Every Wednesday 10am - 3pm at Comberton Children's Centre
 - **HENRY Group Programme**
Starting Monday 22nd April - 24th June from 10am - 12.30pm at Comberton Children's Centre
 - **Baby First Aid**
Dates coming soon
- For more information call **Linden Children & Family Hub** on **020 7254 9939**.