

## Wentworth Children's Centre | April-July 2024



Monday	Tuesday	Wednesday	Thursday	Friday
9am-4pm Antenatal clinic 9:30am-11:30am Stay & Play for under 4 1pm-3pm Quilting with Masha (sewing) Learn how to quilt! By booking only. Childcare provided. 8-29/4, 10:30am-12noon Baby and You (young parents perinatal group)	9am-4pm <b>Speech &amp; Language Therapy</b> 9:30am-11:30am <b>Tiny Tots Time</b> (0-12months) 9/7, 9:30am-11:30am <b>Starting Solids workshop</b> Important workshop for new parents. Baby stays with you. 1pm-3pm <b>ESOL   English for speakers of</b> <b>other languages</b>	9am-4pm Speech & Language Therapy 9:30am-11:30am Stay & Play for under 4 1/5-22/5 & 12/6-10/7, 10:30am-11:30am Baby Massage courses 1pm-3pm ESOL   English for speakers of other languages	9am-4pm <b>First Steps - Children's Mental</b> <b>Health &amp; Emotional Wellbeing</b> 9:30am-10:15am <b>Tiny Tots Time</b> (0-12months) 18/4-20/7/24, 10:30-11:30am <b>Baby Bells with Hartbeeps</b> Classes are designed to ignite & delight those freshly acquired senses and help baby to uncurl and release trapped energy. Sessions focus on bonding and building	9am-4pm Antenatal clinic 9:30am-11:30am Stay & Play for under 4 (no session 26/4) 26/4 9:30-11:30am Spring Walk – Victoria Park 19/4, 1pm-3pm Fussy Eaters Workshop for Hackney dads & mums. Childcare provided.
(young parents permutul group) 13/5-22/7, 10:30am-12noon London Rhymes (young parents perinatal group) Our Journey-Birth to 5 Years Healthy Start Vitamins	1pm-3pm Respite childcare Hackney Children's Centre services are for Hackney families.	1pm-3pm <b>Respite childcare</b> To express interest in our services follow this link: <u>www.linktr.ee/wentworthcc</u> Text, email or call us for more information or to express an interest in a place.	confidence. For pre-crawlers and their grown-ups. 9/5, 9:30am-11:30am <b>Starting Solids workshop</b> Important workshop for new parents. Baby stays with you. 1pm-3pm	26/4-24/5, 1pm-2:30pm <b>Music &amp; Movement</b> <b>and Outdoor Play</b> For over 1 year old and their grown ups. 7/6-12/7, 1pm-3pm <b>Community Cook &amp; Eat</b> Join these 2 hour sessions, where
You can register for <u>and</u> collect your and your child's FREE vitamins at Wentworth.	At Daubeney Children & Family Hub:	<b>Opening hours:</b> Mon-Thurs: 9am-4pm Fri: 9am-3:30pm	Stay & Play for under 4	together we will prepare, cook and enjoy the food we make.
Free 15 hours a week childcare for 2 year olds. Call 020 8985 3491, option 2, to find out if your child can have free 15 hours a week of childcare.	First Tuesday of the month, 9:15am-11am Talking Walk-in, Children's Speech & Language Initial Assessments Every Tuesday, 10am-1:30pm Citizens advice To book call: 20 8525 7040.	At Daubeney Children & Family Hub: 1pm-2:30pm Infant feeding support Infant health clinic Call 020 7683 4151/4695 to book an appointment.	Children's Centre Granard House, Bradstock Road, Hackney, E9 5BN T: 020 8985 3491 #2 M: 0790 542 1548 E: <u>childrenscentre</u> @wentworth.hackney.sch.uk	Wentworth Children's Centre is a no mobile/handsfree zone. In order to provide for and protect all the children & grown- ups in our learning environment, all visitors are advised not to use mobile phones on the premises.

**RED:** Appointments/invitation only BLUE: Booking only GREEN: Drop-in